# $Southern\ Association\ for\ Counselor\ Education\ and\ Supervision$

Taking action, exploring resilience: Counselors as social change agents



Savannah Marriott Riverfront Savannah, Georgia September 27-29<sup>th</sup>, 2012

### **SACES 2012 CONFERENCE**



Taking action, exploring resilience: Counselors as social change agents

September 27-29, 2012

#### SCHEDULE OF EVENTS

#### THURSDAY, SEPTEMBER 27

9:00am-12:00pm CACREP Team Member Training/Renewal

10:00am-12:00pm Pre-Conference I

12:00pm-5:00pm Emerging Leaders Luncheon and Workshop (Invitation only)

1:30pm-4:30pm Pre-Conference II 5:30pm-7:00pm Opening Reception

#### FRIDAY, SEPTEMBER 28

8:00am-9:00am SACES Leadership Breakfast (Invitation only)

8:30am-4:00om Career Connection

9:00am-10:00am Interest Networks and Committee Meetings

8:00-5:00pm Content Sessions

12:00pm-2:00pm Awards Luncheon and Business Meeting 2:00pm – 3:00pm State ACES President/President-Elect Meeting

5:30pm-7:00pm President's Reception

#### SATURDAY, SEPTEMBER 29

8:00am-5:00pm Content Sessions 9:00am-1:00pm Career Connection

2:00pm-3:00pm ACES Presidential Session

12:00pm-2:00pm IRCEP Student Luncheon (Invitation only)

#### Conference News and Events

#### **Registration Information**

The registration desk is located in the lobby.

Registration hours are:

Thursday 8:30am-5:30pm

Friday 7:00am-5:30pm

Saturday 7:00am-5:30pm

#### **CEUs**

CEUs will be available for all content sessions for \$15 and preconference workshops (price is included). Please stop by the registration desk to pick up your CEU form.

#### **Career Connection**

The Career Connection location will be located adjacent to the SACES registration desk. The service will open for registered candidates and universities on *Friday from 8:30am-4pm and Saturday from 9am-1pm*.

#### Opening Reception

The opening reception will be held on Thursday from 5:30-7:00pm in the Marriott Atrium. Everyone is welcome!

#### Awards Luncheon and Business Meeting

The SACES Awards Luncheon and Business Meeting will be held on Friday from 12-2 in the Savannah Ballroom A. Everyone is invited to attend and lunch is included in your conference registration fee.

#### President's Reception

The President's Reception will be held in the Marriott Atrium on Friday night from 5:30-7:00pm.

#### **Onsite Contacts**

Anneliese Singh Heather Trepal Jennifer Jordan

#### **President's Welcome**

I am excited to welcome you to the Southern Association for Counselor Education and Supervision (SACES) Conference in Savannah, Georgia! As I write this conference welcome, I am mindful that our conference theme - "Taking Action, Exploring Resilience: Counselors as Social Change Agents" is quite timely considering recent traumatic national events. The best of who we are in counselor education and supervision in counselor preparation is grounded in our legacy of social justice and emphasis on wellness and resilience. It is my greatest hope that you will find many ways during our time in Savannah to get reinvigorated to take action and make positive social change in your personal and professional communities. During the pre-conference and 2-day conference, you will find over 300 sessions (content, roundtable, and poster sessions) and several leadership opportunities through interest network and committee meetings. I am especially thankful to members of the Georgia Safe Schools Coalition and Dr. Barbara Herlihy, who have coordinated an important preconference session on LGBTQQ youth and counselor training on LGBTQQ concerns. I am also grateful to the preconference session presenters who will showcase creative supervision ideas to strengthen counselor preparation (Anita Neuer Colburn, Jill Duba Sauerheber, Eric S. Davis, Jeff Hughes, Corrine Sacket, Kathy Ybañez-Llorente).

I want to extend a special thanks to Heather Trepal for the leadership of our 2012 SACES Conference Committee. Heather – you have brought amazing energy and ideas to conference planning, and I have so appreciated your leadership and passion for our profession. Your attention to the many details of conference planning has set us up for a successful conference - thanks for your friendship and support along the way! I am also appreciative of Jennifer Jordan, Past-President, for her mentorship and conference planning experience! Thanks to Kelly Wester, who did the much-needed coordination years ago to make this conference site a reality- thanks for our beautiful view of the river! To our local organizing committee lead (Jerry Mobley), conference committee members, Registration Coordinator (Jennifer Jordan), Volunteer Coordinator (Amanda Evans), Sponsorship and Exhibit Co-Chairs (Melanie Iarussi, Jackie Parsons), Evaluation Coordinator (Teah Moore), and Career Connections Co-Coordinators (Jane Rheineck, Catherine Roland) – special thanks to each of you for your significant contributions in preparing the conference site! Also, Sasha Wilhelm did an incredible job organizing our proposal reviews, and the Community Engagement Committee co-chairs (Tonya Hammer, Kylie Dotson-Blake, Jenny Penny Oliver) have been wonderful in infusing the conference theme throughout our conference activities. I would also like to thank all of the individuals who reviewed and selected presentation proposals as such an important service to SACES. Kudos to the SACES Executive Board (Heather Trepal, Jennifer Jordan, Don Locke, Amanda La Guardia), Nancy Bodenhorn (Awards Chair), Pam Paisley and Don Locke (Emerging Leaders), the many leaders of the interest networks and special committees, and the student volunteers – your service to SACES makes us a stronger division!

As you know, SACES has a tradition of supporting students, so I encourage everyone to continue our strong commitments to student mentorship! I hope you have an enjoyable conference in Savannah and enjoy your stay at the Savannah Marriott Riverfront. In addition to the many wonderful sessions and leadership and networking opportunities at the conference, there are several great options for dining, shopping, and sight-seeing in Savannah. On behalf of the 2012 SACES Conference Committee, do not hesitate to let us know if there is anything you need.

Wishing you a conference of connection and reflection!

Anneliese A. Singh

SACES 2012-13 President

# SACES 2012-2013 Executive Committee

President: Anneliese Singh

President-Elect: Heather Trepal

Treasurer: Don W. Locke

Past-President: Jennifer Jordan

Secretary: Amanda La Guardia

### **Interest Network and Committee Chairpersons**

### **Standing Committees**

Awards

Nancy Bodenhorn

**Budget & Finance** 

Don Locke

Membership

Kathy Ybañez-Llorente

Alex Hicks

**Graduate Student** 

Gerry Crete Sasha Wilhelm

Media & Social Networking

Andrea Dyben

**Nominations & Elections** 

Jennifer Jordan

**Long Range Planning** 

Shannon Ray Sejal M. Barden

**Bylaws & Resolutions** 

Anneliese Singh Vivia Hill-Scott

Convention

Jennifer Jordan Anneliese Singh Heather Trepal

#### **Interest Networks**

Clinical Mental Health Counseling Joffrey S. Suprina

Suzan Thompson

Multicultural Counseling Tonya Hammer

Dee Sloan

**Supervision and Training**Jill Duba Sauerheber

Anita Neuer-Colburn

**Ethics and Professional Development** Kim Hughes

Nathaniel Brown

**Technology/Social Networking** KristiAnna Santos

**Long Range and Strategic Planning** Shannon Ray

Sejal Barden

**School Counseling** Gail Roaten

Lauren Moss

College Counseling Student Affairs Laura Gonzalez

Elizabeth Likes-Werle

**International Counseling** Larry Tyson

Linda Foster

Women's Mary Hermann

Donna Dockery

**Distance/Online Counselor Education** Robyn Trippany

### **Special Committees**

**Newsletter Editors** Melanie Iarussi

Caroline Perjessy

**Technology Consultant** Alexandra Hicks

Community Engagement Kylie Dotson-Blake

Tonya Hammer Jenny Penny Oliver

**Journal Exploration** Kelly Wester

Natoya Haskins Thelma Duffey

State ACES President Liaison Thelma Duffey

#### **SACES 2012 Conference Committee**

Local Conference CoordinatorJerry MobleySponsorship and Exhibits Co-Melanie IarussiCoordinatorsJaqueline Parsons

Volunteer Coordinator
Registration Coordinator
Evaluation Coordinator
Career Connection
Jaqueme Farsons
Jennifer Jordan
Teah Moore
Jane Rheineck

Catherine Roland

**Community Engagement Co-Chairs** Kylie Dotson-Blake

Tonya Hammer

Sasha Wilhelm

Jenny Penney Oliver

**Conference Program Review** 

Coordinator

### **SACES 2012 Conference Proposal Reviewers**

Sondra Smith Adcock Melissa Alvarado Casey Barrio-Minton

Ioana Boie Rochelle Cade Kristi Cannon

Amanda Evans Brande' Flamez Tonya Hammer

Tammy Hinojosa Melanie Iarussi Elizabeth Kjellstrand

Stephen Lenz Dodie Limberg Brenda Jones

Panos Markopoulos Leann Morgan Jackie Parsons

Caroline Perjessay Gail Roaten Le'Ann Solmonson

Jacqueline Swank Robyn Trippany Adrian Warren

Julia Whisenhut Selma Yznaga

# **THURSDAY**

### Thursday, September 27th

### **CACREP Team Member Training/Renewal**

#### Plaza Room

#### 9:00AM-12:00PM

This session is open to individuals who have previously served as CACREP site team members and individuals who have not completed the training session before but would like to serve as team members. For individuals who have not previously completed the training, the first step is to complete an application (available for download at <a href="http://www.cacrep.org/index.cfm/becoming-a-cacrep-team-member">http://www.cacrep.org/index.cfm/becoming-a-cacrep-team-member</a>). All individuals who are interested in attending this session must pre-register with the CACREP office and be pre-approved (no cost). Team member training consists both of an online component completed prior to the conference and the face-to face session.

### Preconference I: Savannah Ballroom C 10:00AM-12:00PM

Creative Interventions in Supervision: Ideas, Practical Strategies and Morel

Anita Neuer Colburn, Jill Duba Sauerheber, Eric S. Davis, Jeff Hughes, Corrine Sacket, Kathy Ybañez-Llorente

Are you curious about what your colleagues are actually DOING in supervision? This session offers a collection of supervision tools and techniques that have been used in various supervision contexts. Presenters will share creative interventions to help supervisees in developing skills in multiculturalism/social justice, case conceptualization, accurate self-assessment, and more. New and seasoned supervisors will appreciate being able to go home with tools they can use on Monday! Workshop attendees are encouraged to bring some of their own ideas for sharing.

### Preconference II: Savannah Ballroom C

### 1:30-4:30PM

Developing Zones for LGBTQ Students and Clients: Ethics of Training and Advocacy Em Eliott, Barbara Herlihy, Ken Jackson, Sarah Meng

The presenters will discuss counseling competencies essential for supporting LGBTQQ clients and their families by focusing on professional and ethical responsibilities, oppression issues in educational settings, as well as fundamental knowledge and best practices in counseling LGBTQQ clients. In addition, social justice opportunities and an exploration of counselor attitude will be explored. Actual experiences from school settings will provide concrete examples of competent counseling and social justice in action. Presenters will also provide a brief update on the legal cases (two involving counselor educators and two involving counseling practitioners) as well as "conscience legislation" regarding the refusal of some counselors to counsel LGBTQQ clients due to religious value conflicts. Implications and recommendations will be shared for maintaining an LGBTQQ-affirmative counselor education program that prepares its graduates to counsel LGBTQQ youth effectively in schools and other settings.

# 2012 Emerging Leaders Fellowship Program Thursday, September 27 • 12:00 PM- 5:00 PM Luncheon – Academy Room Program – Oglethorpe AB

The SACES Emerging Leaders Fellowship Program will be held on September 27th, from 12 to 5 pm. Drs. Don Locke and Pam Paisley, who have both been extraordinary leaders in ACES, SACES, and the counseling profession, will conduct the workshop. The Emerging Leaders workshop is designed to, 1) help students discover how leadership can enhance their own professional development, 2) enhance the diversity and vitality of SACES leadership, and 3) provide an overview of SACES leadership opportunities. In addition, the presenters will introduce participants to current SACES leadership and help connect these talented and dedicated fellows with opportunities within SACES.

This year, emerging leaders were nominated by a counselor educator or supervisor and submitted a vita that evidenced leadership and service experience and potential. The SACES Emerging Leaders Selection Committee, co-chaired by Drs. Natoya Hill and Gail Roaten, reviewed the nomination letters and accompanying vitas. Particular attention was given to representation of diversity and state participation.

The 2012 SACES Emerging Leaders are the following:

Ronica Arnold-Branson	Anjabeen Ashraf
Ki Chaei	Gerry Crete
La Shauna Dean	Paul Harris
Jennifer Johnson	Meghan Lehembre
Lucy Lewis	Dorothy Limberg
Marlise Loun	Charles Luke
Panagiotis Markopoulos	Doreen Marshall
Cristen Wathen	Deneen Miller
Joanne Miller	Caroline O'Hara
Amber Pope	Cassandra Pusateri
Morgan Riechel	KristiAnna Santos
Laura Shannonhouse	Dalena Taylor
Augelica Tello	Ben Willis

# THE UNIVERSITY OF TEXAS AT SAN ANTONIO

DEPARTMENT OF COUNSELING

**CACREP** accredited graduate programs leading to the following degrees:

Doctor of Philosophy in Counselor Education and Supervision





### **Department Highlights**

- A distinct focus on relational development, creativity, and diversity.
- Recipient of the ACES 2011-2012 Robert E. Frank
   Outstanding Counselor Education Program Award.
- A faculty highly involved in the counseling profession through leadership in the American Counseling Association and its divisions.
- Home for the *Journal of Creativity in Mental Health*.
- Flexible evening, weekend, and hybrid course offerings.
- Opportunities for research and specialty areas in creativity in counseling, multicultural counseling, self-injury, suicide, supervision, technology, youth and family counseling, and more!
- Opportunities for counseling practice and supervision at our community-counseling center.

We are currently inviting applications for faculty positions

#### **Contact Us:**



The Department of Counseling

The University of Texas at San Antonio





Augusta State University now offers two graduate degree programs in the field of professional counseling.

Augusta State University, a unit of the University System of Georgia, is strategically located in the second largest city in Georgia.

The Master of Education degree program is accredited by the Council for Accreditation of Counseling and Related Education Programs in the specialty areas of Clinical Mental Health Counseling and School Counseling.

The Education Specialist degree in Counselor Education has been recently approved and will enroll its first class in January 2013.

**UPCOMING PROGRAM INFORMATION SESSIONS:** 

- **EdS** Wednesday, Oct. 10, 5 6 p.m., 347 University Hall Saturday, Oct. 13, 11 a.m. noon, E150 Allgood Hall
- **MEd** Wednesday, Nov. 14, 5 6 p.m., 356 University Hall Saturday, Nov. 17, 11 a.m. noon, E150 Allgood Hall



For more information, call Christie Black, coordinator of graduate admissions in ASU's College of Education at 706-729-2465, or email **cblack9@aug.edu**.



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# **FRIDAY**

#### Friday September 28 • Content Sessions

#### **♯** Friday • 8:00AM • Academy

#### Where has the Theory Gone: Scholarship of Teaching & Learning in Counselor Education

Casey A. Barrio Minton Carrie A. Wachter Morris, LaToya Smith

This presentation will include content analysis of 178 articles regarding teaching and learning in counselor education with a focus on methodologies, focus, and grounding in learning theories. Presenters will reflect upon implications for counselor education, and participants will explore opportunities to enhance counselor educators' grounding in learning theories.

#### ## Friday ● 8:00AM ● Mercer

### Integrating Motivational Interviewing Into a Counseling Skills Course

Melanie Iarussi

Jessica M. Iver, Virginia Dawsone Lacy, Emily S.H. Staggord, Sarah Littlebear

Presenters will share their experiences of integrating motivational interviewing (MI), an evidenced-based practice, into a master's level counseling skills course. The content and sequence of the course will be presented as well as preliminary data collected, including students' pre/post self-efficacy measures and qualitative reports of students' experiences of the course.

#### ₩ Friday • 8:00AM • Plaza

### Supervision Experiences: Shame, Differentiation of Self, and Self-Efficacy

Susan Lahey Sara Hopkins

This session will focus upon research performed that examined the supervision experiences of post-master's supervisees related to their experiences with shame, level of differentiation, and self-efficacy. Regulating supervision experiences related to shame-based situations will directly influence counselor efficacy. Tips for the supervisor and supervisee will be given.

#### # Friday • 8:00AM • Chatham

### Creating a Culture of Care: Social Change Begins at Home

Sally Atkins

Keith Davis, Christina Galvin, Jena Leake

The basic values of compassion, respect, empathy, non-judgment, personal integrity and the valuing of differences are crucial for creating a culture of care in which personal and social change can occur. This presentation will involve personal exploration via writing, metaphor and discussion about how well we live these values.

#### # Friday • 8:00AM • Reynolds

#### Domestic Violence Service Providers' Perceptions of Safety Planning: A Focus Group Study

Christine Murray

Evette Horton, Allison Marsh, Bethany Garr, Elizabeth Doom Catherine Higgins-Johnson

Safety planning practices are widely used in domestic violence agencies; however, there has been minimal research conducted to learn their strengths and limitations. This program will provide an overview of focus groups held with DV service providers to improve upon current safety planning practices to better meet the needs of DV survivors and their children.

#### ## Friday ● 8:00AM ● Polaski

### Debunking the Myths of Experiential Groups in Counselor Education

Linda Vanderbleek Leila Roach

While the myths surrounding experiential groups in counselor education are often presented as fact, the truth is that there are clear ethical and training standards that guide counselor educators. This program will help counselor educators use the research, ethics, and training standards to design effective experiential groups for students.

#### **%** Friday • 8:00AM • Telfair

#### **ACES/NCDA Career Commission Meeting**

#### # Friday • 8:00AM • Oglethorpe AB

#### Critical Issues in the Revision of DSM-5

Dayle Jones Shannon Ray

Publication of the DSM-5 is set for May 2013. With thousands of licensed professional counselors using the manual in daily practice, the profession has a vested interest in the final outcome of the DSM-5. This presentation will review DSM-5 proposed revisions and their potential impact on counselors' practice of diagnosis.

#### ## Friday ● 8:00AM ● Johnson

### Increasing students' confidence and effectiveness in substance abuse assessment

LaShauna Dean Danica Hays

This presentation is designed to assist teachers of an addiction course, undergraduate and graduate students, and counselors gain practical skills\knowledge in SA assessment and evaluation. It features a review of qualitative and quantitative research related to SA assessment to extract best practices in teaching substance abuse assessment and evaluation to counseling students.

#### ## Friday ● 8:00AM ● Forsythe

## Integrating the CACREP Advocacy Competencies into the Counselor Education Core Curriculum

Andrea Dixon Catharina Y. Chang

Counseling programs are expected to include the CACREP 2009 Advocacy Competencies throughout their curriculum. This presentation will provide an overview of current advocacy models and the CACREP 2009 competencies focused on advocacy efforts. The presenters will offer participants instructional ideas for including advocacy initiatives into counselor education core curriculum courses.

#### # Friday • 8:00AM • General McIntosh

#### The ABAC's of Single-Case Research for Counselor Educators

A. Stephen Lenz

Single-Case Research (SCR) is a great way to assess practices for counselor educators and supervisors. We will introduce practical foundations of SCR methodology, data analysis and reporting procedures. You will have an opportunity to put understanding into action through education, illustrative examples and applying content to your own research questions.

# Friday September 28• SACES Leadership Breakfast

## Friday ● 8:00AM ● Franklin

(Invitation Only)

Friday September 28. Poster Sessions

## Friday ● 8:00AM ● Foyer

Department Chairs: A Balancing Act!

Brigid Noonan

This session will focus on the inherent risks, challenges and benefits of department chairs. Data from a study conducted with CACREP-accredited Department Chairs will be shared. Participants will examine what it means to be an effective chairperson while challenged with other life roles.

#### # Friday • 8:00AM • Foyer

#### A Qualitative Exploration of Doctoral-level Counselor Education Teaching Assistants' Experiences

Emily Diehl

A qualitative study investigating the experiences of doctoral-level teaching assistants in a counselor education program. Photovoice methodology and narrative analysis revealed common themes and unique experiences, and offered insight into the professional development needs of future counselor educators.

#### ## Friday ● 8:00AM ● Foyer

#### Creative Techniques for a Group Counseling Class

Jennifer Marshall Trey Fitch

This session will teach the audience about different creative ideas to use within a group counseling class. Seven of the novel ideas will focus on the area of arts and crafts, while the other seven will focus on drama/psychodrama. Icebreaker ideas will also be discussed. Handouts will be provided.

#### **ૠ** Friday • 8:00AM • Foyer

## The Adaptation and Translation of the ARSMA-II into Portuguese: A Guide for Researchers

M. Cristina F. Lima

The presentation will describe the 10 steps used in the process of adaptation and translation of the Acculturation Rating Scale for Mexican Americans Revised (ARSMA-II) into Portuguese, as part of a dissertation research with Brazilian immigrants. The guidelines can also be used to translate other self-report instruments to other languages.

#### **ૠ Friday • 8:00AM • Foyer**

# The Persistence of Students with Psychiatric Disabilities in Higher Education

Kristin Higgins Lynn Koch, Kate Mamiseishvili

The presenters summarize descriptive data from the Beginning Postsecondary Students' Longitudinal Study on the characteristics and persistence rates of students with psychiatric disabilities enrolled in the U.S. Implications for counselor educators will be discussed and the training needs for counseling students working with students with psychiatric disabilities and postsecondary institutions.

#### **# Friday • 8:00AM • Fover**

Counselor Education and Service-Learning: University-Community Partnerships Promoting Learning, Advocacy and Social Justice

Kylie Dotson-Blake Jenny Penney Oliver This presentation explores service-learning partnerships between universities and communities to promote the professional development, advocacy and social justice of counselors. Two case examples illustrate the purpose, process and potential of service-learning in counselor education. Key tenets necessary for effective service-learning are shared and potential challenges to implementing such partnerships discussed.

#### ₩ Friday • 8:00AM • Fover

#### Remediation Policies and Procedures in Counseling Graduate Programs

Kathryn L. Henderson Roxane L. Dufrene, Stefanie L. Malone

The results of a qualitative study will be presented on how 12 CACREP-accredited programs are implementing student remediation policies and procedures, including the type of documentation and interventions used. Implications will be reviewed with suggestions for practice. This study was supported by a SACES research grant.

#### **# Friday ● 8:00AM ● Foyer**

Lucy Lewis

#### Taking Action Against Child Sexual Abuse: Training School Counselors Through Service Learning

This poster will outline the steps involved in implementing a service-learning project to take action against childhood sexual abuse. Information will be shared on guidelines for selection of service learning projects, incorporation of service learning in course curriculum, student insights, and strategies on how to overcome common challenges.

#### **# Friday • 8:00AM • Foyer**

### Navigating the Therapeutic Waters: Theory Development in Counselor Training

Catherine Lamb

Jennifer Greene, Melissa Zeligman, Diandra Prescod, Kristopher Hall, Daniel Gutierrez, Patrick R. Mullen

With over 400 counseling theories to choose from (and counting!), how do counselor trainees make decisions regarding their therapeutic orientation? This poster presentation will outline which factors play a part in the decision-making process, from instructor

preference and available research, to personal values and client needs.

#### **ૠ Friday • 8:00AM • Foyer**

### Counseling in Bhutan: Lessons Learned from the "Happiest Country on Earth"

Sonya Lorelle

The presenter will discuss her experiences of traveling to Bhutan with a group of National Board of Certified Counselors where she worked in a high school in order to assist in establishing a school counseling program.

#### Friday September 28 • Content Sessions

#### **¥** Friday • 9:00AM • Academy

#### Research Training in Counselor Education: Integrating Research Developmentally Across the Curriculum

Kelly L. Wester Craig Cashwell, L. DiAnne Borders, Laura Gonzalez, Nicole Adamson, Jamie Crockett, Edward Wahesh

Research training has become a buzz topic in counseling, but not much attention has specifically been given to research curricula at the doctoral level. Faculty and doctoral students will describe their experience in implementing one developmental approach to research training through the use of experiential and knowledge-based learning.

#### **ૠ** Friday • 9:00AM • Mercer

### What Do Graduate Students Really Learn Through Study Abroad?

Jayne E. Smith Garrett J. McAuliffe

Does studying abroad really prepare counselors to be culturally alert? How does their experience abroad translate into practice at home? This presentation includes qualitative research results aimed to assess the impact of a study abroad-online diversity course on graduate counseling students. Implications for counselor preparation and practice will be discussed.

#### # Friday • 9:00AM • Plaza

#### African American Female Graduate Student Experiences at a Southern Predominantly White University

Quentin Alexander

This presentation will present results of a phenomenological research study that examined the experiences of 11 African American female graduate students attending school at a southern predominantly White university. Support systems, racial micoraggressions and resilience will be some of the topics discussed.

#### ## Friday ● 9:00AM ● Chatham

#### Addressing suicide during the practicum experience: An exploration of best practices

Doreen S. Marshall Amy L. McLeod, Kelli B. Ritter

This session explores best practices in responding to client suicide in a practicum setting through one counseling department's response to this critical incident. Presenters address how to best prepare students to work with suicidal clients during practicum and explore policies and procedures that can be helpful in this process.

#### # Friday • 9:00AM • Reynolds

#### Connecting Research and Practice: Changing the Perception of Research in Counselor Training

Seth C.W. Hayden

Do your students and supervisees seem to view research as uninteresting and irrelevant to their work? If so, this presentation focusing on ways in which to enhance student and supervisee motivation to engage research may be helpful. A counselor educator will share strategies for connecting research and practice.

#### ## Friday ● 9:00AM ● Polaski

#### Enhancing Emotions of Resolve in Crisis Counseling to Promote Posttraumatic Growth

Lennis Echterling Jack Presbury

In this session, we describe and demonstrate training tools for developing crisis counseling skills that promote posttraumatic growth (PTG). These practical counseling techniques lower emotional distress and enhance feelings of resolve, such as courage, compassion and hope that are essential for surviving crises and thriving in life.

#### **¥ Friday • 9:00AM • Telfair**

#### Fostering Empathy in Graduate Students: Experiential, Student-Focused, and Innovative Approaches

W. Bryce Hagedorn S. Kent Butler, Kristina DePue

Among the many roles and responsibilities of counselor educators and supervisors, the fostering of empathy development among students is tantamount. Attendees will learn experiential, student-focused, and innovative approaches that have proven successful in developing empathy in students and supervisees. Detailed descriptions and handouts will be provided.

#### # Friday • 9:00AM • Oglethorpe AB

#### Developmental Relational Supervision: Applying the Developmental Relational Counseling Model in Supervision

Thelma Duffey Shane Haberstroh

Through case conceptualizations and experiential activities, the presenters will introduce the Developmental Relational Counseling Model (DRC) as it applies to supervision practice. DRC is grounded in cognitive therapies, Relational Cultural Theory, and the Enneagram Personality Typology. DRC helps individuals move toward achieving a more balanced perspective of themselves and others.

#### ## Friday ● 9:00AM ● Johnson

#### Introducing Cultural Diversity to Students via Reflection on Four Contemporary Films

Carol Sommer Nadezda "Nadia" Kholomeydik

This interactive presentation includes clips from four films and related discussion points that can be used to stimulate self-reflection in a multicultural counseling course. The presenters address the rewards, and challenges, involved with this assignment. Suggestions for practice and a list of additional films provided.

#### ## Friday ● 9:00AM ● Forsythe

#### Navigating the Landscape of Social Class: Practical Self-Reflection Tools and Classroom Exercises

Debbie Sturm A. Renee Staton, Donna M. Gibson

Despite the advances in multicultural training, little attention has been given to the topic of social class, classism and internalized classism. During this presentation, participants will engage in active discussion of social class, participate in self-reflection exercises, and learn techniques for incorporating class-based discussions with their students.

#### # Friday • 9:00AM • General McIntosh

# Supervising Counselors Dealing with Recent Client Trauma: A Different Supervision Path

Catherine Roland Claire Wooloff

Supervisors of counselors working with traumatized clients can forge a new path, incorporating best practice with trauma-specific skills. This interactive session features case work, information on secondary trauma, and client resiliency. Strategies for supervision supporting counselors toward best practice with compassion offered to the client, including approaches that incorporate a holistic component.

#### Friday September 28 • SACES Interest Network and Committee Meetings

# # Friday ● 9:00AM ● Savannah Ballroom AB

If you are interested in joining a SACES Interest Network or Committee, please come and join the discussion in the ballroom!

#### Friday September 28 Poster Sessions

#### ₩ Friday • 9:00AM • Foyer

#### Measuring Critical Thinking Skills of Counseling Students

Chad Luke

Counseling requires the processing of huge volumes of information, and critical thinking skills are vital for this. Measuring critical thinking skills among counseling students can be challenging. Initial work in utilizing a promising instrument with counseling students as well as implications for counselor education will be presented.

#### **ૠ Friday • 9:00AM • Foyer**

#### Supervising Career Counseling Interns: Training Counselors to Work with First Generation Students

Melissa Wheeler

This session will focus on assisting career counseling internship supervisors to identify generational issues affecting interns' selected interventions and therapeutic relationships with FGCS clients. Discussions will include strategies for addressing these issues with supervisees as well as concrete strategies to help interns address these issues with their clients.

#### **ૠ Friday • 9:00AM • Foyer**

#### Evaluating the Psychometric Properties of an Instrument Measuring Altruistic Caring of Counselorsin-Training

Dodie Limberg E. H. Mike Robinson, Sandra Robinson

This poster focuses on the development and the psychometric properties of an instrument designed to measure altruistic caring as a disposition of counselorsin-training. The presenters will discuss the methodology used to create and improve the instrument, and implications of altruistic caring in relation to professional and personal development of counselors-in-training.

#### **# Friday • 9:00AM • Foyer**

### Post-Traumatic Stress Disorder in Children and Adolescents

Eva "Dee" Sloan Cheryl Sawyer

This poster presentation will provide the audience with a brief history of Post-Traumatic Stress Disorder (PTSD). In addition, the unique ways in which children and adolescents may experience PTSD and strategies and techniques for working with children and adolescents who may be at risk for developing PTSD will be discussed.

#### **# Friday • 9:00AM • Foyer**

### Who, What, When, How: An Integrated Supervision Model for Beginning Supervisors

Christopher Christmas

Have you felt like you don't know what you're doing or what you're going to do in sessions with your supervisees? Come and learn about a clear and straightforward integrative model of supervision for beginning supervisors. This session will provide concrete guidance on understanding and using the model.

#### **¥** Friday • 9:00AM • Foyer

### Cognitive Behavioral Interventions in Clinical Supervision

Edward Wahesh

This session advances the use of cognitive-behavioral interventions to promote self-awareness and address self-defeating thoughts and emotions of beginning counselors. A review of the literature and intervention examples in supervision of counselor trainees will be presented. Strengths and limitations of this approach will be explored within group and individual supervision.

#### **ૠ Friday • 9:00AM • Foyer**

#### Fairy Tales as Case Studies: Adapting Fairy Tales into Ethical Dilemmas

Kathryn Henderson Stefanie L. Malone

One approach to bringing creativity into the classroom is adapting well-known fairy tales into ethical dilemma case studies. The adapted fairy tales will be reviewed along with an analysis of the ethical dilemmas. These fairy tales can be used during class discussion, individual papers, or group projects.

#### **ૠ Friday • 9:00AM • Foyer**

#### Doctoral Student Stress, Meaning in Life, and Life Satisfaction: Differences Among Perfectionists

Randy Moate

Kristin Bruns, Julie Lineburgh, Deborah Isaacs, Matt Branfield, Erin West, Suliman Akcil, Philip Gnilka, Amie Martin

Promoting wellness in doctoral students is important in counselor education in contrast to other academic fields. Perfectionism may also be a variable that is significant. The results of a study will be presented that compared stress, life satisfaction, and meaning in life of doctoral students across different academic programs.

#### # Friday • 9:00AM • Foyer

### The Clinical Residency Model: Preparing Counselors at a Distance

Robyn Trippany Simmons Kristi Cannon

This program will feature a discussion of a clinical skills residency in a CACREP accredited online counselor training program. The presenters will share insights into the successes and challenges in developing a face-to-face clinical skills training model within an online counselor training program.

#### **ૠ Friday • 9:00AM • Foyer**

Attitudes and Perceptions Regarding Clinical Supervisors and the ACS Credential

Christina L. Mick

In light of the need to increase awareness about clinical-supervision requirements, training requirements for clinical supervision, and the ACS credential, web-based surveys were administered to LPCs and LPC/MHSPs across the State of Tennessee via SurveyMonkey. Results revealed that there was a significant positive relationship between attitudes and perceptions on clinical supervision and knowledge of the ACS credential for LPCs and LPC/MHSPs in Tennessee.

#### Friday September 28 • Content Sessions

#### # Friday • 10:00AM • Academy

### Distance Clinical Supervision: Challenges and Opportunities

LoriAnn Stretch

This program will introduce the challenges and best practices related to distance supervision. The presenter provide distance supervision through university and private practice settings and will provide an overview of supervisor and supervisee rapport in distance supervision; security and confidentiality strategies; and ethical and legal issues, including recordkeeping.

#### # Friday • 10:00AM • Mercer

#### SACES Graduate Student Panel

Alexandra Wilhelm, Gerry Crete, KristiAnna Santos

This presentation will be divided into two parts. The first half will provide SACES graduate students with helpful tips and resources that are available to them through the organization. The second half will be an open discussion moderated by the panel. All graduate student audience members will be encouraged to ask questions of and share information with one another, not just the panel. Topics may focus on, but are not limited to, opportunities in service, teaching, research, and clinical practice, networking tips, how to overcome challenges of being a graduate student, ways to balance personal and professional life goals, and many more! This panel will provide the opportunity for graduate students to offer support and encouragement to one another as well as strengthen the graduate student community.

#### ₩ Friday • 10:00AM • Plaza

#### Value Conflicts Between Counselors and Clients: Educating Counselors on How to Navigate the Nuances

Barbara Herlihy Kristen Dickens, Elise Johns, Bonnie King, Candace Park

This session will explore the complex ethical quandaries and legal dilemmas that can arise in a counselor education program when the personal values of students seem to conflict with ethical responsibilities involved in training, as well as discuss procedures for dealing with personal values conflicts in counselor education programs.

#### ## Friday ● 10:00AM ● Chatham

#### A Training Model for Site Based Professional School Counseling Supervisors

Shannon Trice-Black M. Ann Shillingford

This presentation will outline a training program for site-based school counseling supervisors. In this program, faculty supervisors provide supervision training and education for school counseling professionals. Supervision models, techniques, and interventions supported in research and most conducive to the school counseling environment will be emphasized.

#### # Friday • 10:00AM • Reynolds

## Spirituality: 5th Dimension of Multicultural Supervision

Michelle Bradham-Cousar Michelle Mitchell

Advocacy roles such as change agent, advocate and fostering a scholarly identity for culturally diverse client population will be examined. Counselors may be instrumental in increasing supervisee successful outcomes by increasing their diversity competencies. Spirituality is the 5th dimension to multicultural supervision. Implications for preparation and practice addressed.

#### ## Friday ● 10:00AM ● Polaski

From Autoethnography to Collective Memory Work: Qualitative Research on Resilience and Social Change Anneliese A. Singh Danica G. Hays

Qualitative research across disciplines has historically focused on social change. The presenters discuss qualitative methods (e.g., autoethnography, collective memory work, narratology, participatory action research) that counselor educators and students may use to engage in positive individual and community social change. Attendees will receive hand-outs and a bibliography.

#### # Friday ● 10:00AM ● Telfair

#### Ending the Cycle of Trauma: Reducing Vicarious Trauma through Trauma-Sensitive Supervision

Laura K. Jones J. Scott Young

Trauma is ubiquitous yet many counselors feel underprepared to work with survivors. Supervision affords a unique opportunity to prepare and support counselors working with trauma. Through lecture and discussion supervisors will be introduced to concrete ways of supporting counselor wellbeing and reducing vicarious trauma in supervisees working with traumatized clients.

#### # Friday • 10:00AM • Oglethorpe AB

#### CACREP Standards Revision Feedback Session

Representatives of the committee charged with revising the current CACREP Standards will be on hand to discuss and receive feedback on Draft #1 of the CACREP 2016 Standards. The draft is due to be released prior to the conference for review.

#### # Friday ● 10:00AM ● Johnson

#### Preparing School Counselors in Social Justice: Advocating, Partnering, Impacting Urban Youth NOW

Sophie Maxis Rebecca A. Schumacher, Khristi Keefe, Sabrina Stargill

This presentation will discuss how the University of North Florida's School Counseling Program prepares school counseling students in leadership and advocacy. Developing school district partnerships and impactful field experiences will be described from the perspective of faculty and school partners. Outcome data from these experiences will be shared.

#### ## Friday ● 10:00AM ● Forsythe

#### Preparing Student Interns for Community-Based Counseling Service Placement

Stephanie Gotay

A site supervisor offers insight into the challenges students face in practicum and internship placements in community-based and in-home counseling settings. Suggestions for student preparedness in these nontraditional counseling sites and guidelines to better facilitate site supervisors in the creation of a meaningful learning experience for trainees will be offered.

#### # Friday • 10:00AM • General McIntosh

### The Invisible Minority, Incorporating Religion into Multicultural Counseling Education

Rebecca Scherer Laura Veach

This presentation will provide counselor educators information on the importance of incorporating discussions of religious minority experiences in multicultural counseling courses. It will focus on three religious minorities that often follow under the description of "invisible minority." The experiences of Jews, Muslims and Pagans will be highlighted in this program.

#### Friday September 28• Roundtable Sessions

# ★ Friday • 10:00AM • Savannah Ballroom B: Roundtable 1

#### Animating Research in Counselor Education: Necessary to Make the Field Sufficient

John Dewell Kristi A. Lee

Counselor education has struggled to develop research as a consistent and productive part of its identity. This session will deconstruct counselor education's relationship with research. A dialog will be facilitated around ways to animate research in counselor education with the values reflected in our clinical, supervisory, and pedagogical professional identities.

#### ₩ Friday • 10:00AM •

#### Savannah Ballroom B: Roundtable 2

#### Training Doctoral Students to be Distance Educators -Emerging Pedagogical Strategies

Mary Crozier Martha Chapin, Jeff Thomas, Alicia Bell

This round table discussion will suggest emerging pedagogical strategies for training counseling doctoral students in effective methods and technology for distance delivery of counseling courses.

#### ₩ Friday • 10:00AM •

#### Savannah Ballroom B: Roundtable 4

#### Driving Your Doctorate: Your GPS Guide to Making the Most Out of Your Ph.D. Program

Catherine Lamb Jesse Fox, Matthew Munyon

As future counselor educators, it is essential that you make the most of your training program. This presentation explores the three trying years of the counselor education doctoral program from the first hand experience of a first, second, and third year doctoral student. Learn from their experience how to make the most of your education.

# ### Friday • 10:00AM • Savannah Ballroom B: Roundtable 5

## Now What? Responding to Child Abuse Reporting Challenges in Schools

April Sikes

This presentation will provide insight into the challenges school counselors face after making reports of suspected child abuse and neglect, with the notion that this information will help prepare professional school counselors to deal with situations that originate after child abuse or neglect reports are made. Implications for counselor education programs and recommendations for effectively addressing child abuse reporting challenges in schools will be provided.

#### **%** Friday • 10:00AM •

#### Savannah Ballroom B: Roundtable 6

### Components of School Counselor Professional Identity: Moving Toward Consensus

Amy Upton

The presentation will consist of an overview of the rationale for the study as well as the choice of methodology. The emerging themes regarding professional identity will be discussed. Descriptive statistics will be reviewed and the final list will be presented and discussed. Future implications will be presented and discussed.

#### **%** Friday • 10:00AM •

#### Savannah Ballroom B: Roundtable 7

### A Both/And Proposition: The Function of Clinical Faculty in Counselor Education Programs

Lisa Schulz Leslie Jones

Participants are invited to discuss the advent of the clinical professor position in counselor education programs. Clinical, non-tenure track, positions offer an opportunity for programs to maintain high standards to support clinical efficacy without sacrificing scholarship. Preliminary findings of a study to clarify clinical demands and needs will be discussed.

#### **%** Friday • 10:00AM •

#### Savannah Ballroom B: Roundtable 8

#### Grant Writing for Counselor Educators: Obtaining External Funding and Program Sustainability Tips

Darren A. Wozney Julia Y. Porter

My colleagues and I (PI), have received back to back SAMHSA federal grants on Campus Suicide Prevention (Fall 2006-Fall 2012) that secured \$326,727 in external funding. Roundtable learning objectives: developing at least one fundable area of research/clinical expertise; external grant writing tips; managing and sustaining a grant program.

#### **ૠ Friday • 10:00AM •**

#### Savannah Ballroom B: Roundtable 9

# High Tech/High Touch: Distance Learning in Counselor Preparation 2012 and Beyond

Ann Albrecht Dennis Jones

The availability of new technologies has changed the role of distance learning in many counselor preparation programs. In this interactive session, the presenters will assist participants in considering important issues related to distance learning approaches in the counselor preparation process.

#### **ૠ Friday • 10:00AM •**

#### Savannah Ballroom B: Roundtable 10

#### The Multigenerational Mentoring Project: Maximizing Opportunities for Women Counselor Educators of Color

Catherine Packer-Williams Markesha Miller Hall, Sharon Blackwell-Jones, Kathy M. Evans

The presenters will share how their mentoring model serves as a gender and culturally-sensitive means of: 1. Critically reflecting on and addressing inequities; 2. Fostering motivation and productivity; 3. Challenging the status quo; and 4. Building a legacy of mentoring and producing future African American women counselor educators.

#### **ૠ Friday • 10:00AM •**

#### Savannah Ballroom B: Roundtable 11

#### Fostering Doctoral Students' Leadership and Advocacy Skills through Experiential Activities

Peggy Ceballos Clarrice Rapisarda

Presenters will use the roundtable setting to discuss with participants the concepts of leadership and advocacy and how these apply to doctoral level courses. Participants will be provided information regarding experiential activities and assignments to be used in content classes and supervision to strengthen leadership and advocacy in doctoral students.

#### **% Friday • 10:00AM •**

#### Savannah Ballroom B: Roundtable 12

#### Developing Best Practices in Teaching for Counselor Educators

Marianne Woodside Blair Mynatt, Amber Hughes

During this roundtable participants review a Best Practices in Teaching draft for counselor educators developed by doctoral students and faculty. The draft outlines principles related to students, self, profession and community with an emphasis on personal dispositions. Discussion focuses on Best Practices and the ethical principles that guide participants' teaching.

### # Friday • 10:00AM •

#### Savannah Ballroom B: Roundtable 13

Curriculum Development: Integrating Psychoeducational Intervention Related To Therapeutic Alliance and Attrition

Lois Winchell Rosine McGhee, Jerry Fennell, Bev Mustaine

This presentation discusses new research that supports using a specific psychoeducational protocol as an initial tool to establish and enhance the therapeutic alliance, which may reduce attrition and thereby improve client outcomes. The presenters will be introducing the participants to a recently developed psychoeducational protocol titled the Pre-therapy Psychoeducational Protocol.

#### **% Friday • 10:00AM •**

#### Savannah Ballroom B: Roundtable 14

### Different Strokes for Different Folks: Collegial Identity Development in the 21st Century

Kim Lee Hughes Nathaniel Brown

A round table discussion of the social justice implications implicit in the role of the 21st century college and university counselor especially as it concerns access, collegial identity development, retention and graduation of underserved populations.

# ### Friday • 10:00AM • Sayannah Ballroom B: Roundtable 15

# The Needs of the Student with ADHD: Elementary School Through Doctoral Candidate

Saffrone Emerson

This round table focuses on the contemporary professional issue of exploring and understand the needs of students with Attention Deficit Hyperactivity Disorder (ADHD). It is our responsibility as therapists to be able to provide effective services to this population, achieved by a more accurate knowledge base of their needs.

#### Friday September 28 • Content Sessions

#### # Friday • 11:00AM • Academy

### Visual Journaling in Counselor Education and Supervision

Sherry Todd Elizabeth Heinz, Jeremy Ross

Visual journaling is a tool for introspection that involves both art and reflection. Reflective thinking is essential to addressing the complexities of counseling. The art provides a tangible object for reflection while the written journal offers a forum to liberate inner processes. This is an experiential workshop.

#### ## Friday ● 11:00AM ● Mercer

### Incorporating Expressive Arts in the Supervision Process

Leslie Jones Natalya Lindo

Counselor educators and supervisors can enhance the supervision process through expressive arts. Incorporating art materials in supervision allows supervisees to increase their understanding of clients, the counseling process, and their role as counselor. Attendees will explore the benefits of expressive arts and participate in an experiential activity.

#### ₩ Friday • 11:00AM • Plaza

#### Increasing Counseling Self Efficacy via Service Learning

Melissa Alvarado

Service learning has been identified as a strategy to help prepare student counselors. This presentation will present findings of a research project that explored the relationship between service learning and counseling self-efficacy. Implications for counselor educators will also be discussed.

#### # Friday ● 11:00AM ● Chatham

#### Developing Your Multicultural Vision in SuperVISION

Cyrus Williams Michael T. Garrett

One of the major purposes of supervision is to promote multicultural competence and improve counselors' ability to work cross-culturally. Often, supervisors and counselors have little training with effectively discussing multiculturalism. The "Vision" model of culture and supervision will provide attendees with strategies and interventions for discussing multicultural issues in supervision.

#### ## Friday ● 11:00AM ● Reynolds

#### Influence of Clinical Experiences on School Counseling Students Leadership Practices

M. Ann Shillingford Anita Young

School counselors are trained to function in a variety of roles within their schools. Extensive skill building and training affords them the opportunity to be in leadership positions within their schools. School counselor educators can utilize the internship experience to maximize students' awareness of their strengths in leadership practices as well as potential gaps. This pilot study focused on the school counselor internship and enhancement of leadership practices. Implications for counselor educators and school counselors are presented.

#### ## Friday ● 11:00AM ● Polaski ## Friday ■ 11:00AM ■ Polaski

### Mindful Multiculturalism: Exploring Intercultural Attitudes through Reflective Awareness

Rebecca Heselmeyer Greg Czyszczon

Participants will be challenged to explore their intercultural attitudes using mindful attention. Using basic mindfulness skills, participants can gain deeper insight into their response and approach to cultural difference as well as specific mindfulness practices to enhance personal awareness and promote the development of a deeper and richer worldview.

#### # Friday • 11:00AM • Telfair

#### CACREP Myths

Within the Counseling and Counselor Education communities, there is a lot of information floating around concerning CACREP. Some of the information is accurate, some is inaccurate, and some is completely false and misleading. Representatives from CACREP will address some of the common myths concerning CACREP, providing current and accurate information.

#### # Friday • 11:00AM • Oglethorpe AB

### A Narrative Approach to Resistance in Supervision and Clinical Service

Joshua Gold

Participants will explore views of resistance in supervision, as isomorphic to resistance in counseling. Participants will learn a Narrative approach to a) expect resistance; b) to explore resistance, c) to identify relevant themes around being in a "helped" role, and, d) to discuss interventions as supervisors, and models for clinical service.

#### # Friday • 11:00AM • Johnson

Experiential Activities to Promote Sexual Identity Development: Increasing Cultural Competency Through Self-Awareness

Kylie Dotson-Blake Angela R. Holman This presentation is appropriate for counselor educators, students and practicing counselors seeking to explore sexual identity development for personal growth or to promote the self-awareness of students or clients. Experiential activities that can be applied in practice will be shared in a hands-on, interactive format. Come ready to engage!

#### # Friday • 11:00AM • Forsythe

#### Mind Maps: An Effective Method of Evaluating Student Learning and Experiences

Clay Rowell

Students in the presenter's group counseling course completed mind maps after each personal growth group session. The mind maps helped students explore their subjective inner experience and elucidated their observations about group facilitation and process. The presenter will share examples and qualitative content analysis of the mind maps.

#### # Friday • 11:00AM • General McIntosh

### The Pedagogy of a Counseling Psychopharmacology Class

Andrew Burck

Psychopharmacology is important to understand with the rate of mental illness in the United States and the emphasis in our standards (CACREP, 2009). This presentation will assist counselor educators in the development of a psychopharmacology course to enhance the competence of counseling students.

#### Friday September 28. Poster Sessions

#### ## Friday ● 11:00AM ● Foyer

### Can Supervisors Accurately Predict Supervisee Ratings of the Working Alliance? Study Findings

Jim Payne Joffrey S. Suprina, Shon D. Smith

Study findings of supervisory predictive ability utilizing the Leeds Alliance in Supervision Scale (Wainwright, 2010) will be presented; the instrument is a brief measure of the supervisee's rating of the working alliance. Workshop participants will be invited to discuss the impact of these results on the practice of clinical supervision.

#### **ૠ** Friday • 11:00AM • Foyer

### School Counselor Professional Identity: A Developmental Model

Morgan Riechel

Counselor education is concerned with school counselor professional identity development during graduate training. Less focus, however, is on professional identity development post-graduation. What factors influence school counselors' constructions of professional-self as they gain experience in the field? Discussion of these issues and a critical overview of literature will be provided.

#### **ૠ Friday • 11:00AM • Foyer**

#### New Master's Degree Counselors' Experience of the Counseling Field: A Phenomenological Perspective

Chad Luke

Counseling students do not often have accurate perceptions of the counseling field, and this can impact both their success in their programs, but also in how they transition to the field. Understanding these perceptions from counseling program graduates can provide counselor educators important insights in preparing students.

#### **# Friday ● 11:00AM ● Foyer**

#### Tools for Practicum Instructors: Working with Suicidal Clients on the College Campus

Kristen Bruns Randy Moate, Christina Schnyders

The 2009 CACREP Standards require counselor educators to provide students with the knowledge and skills about working with suicidal clients. Results of a study that discuss the relationship between coping skills and suicide among college students will be discussed. Educational tools for counselor educators will also be provided.

#### **ૠ** Friday • 11:00AM • Foyer

### How Do Counselors-in-Training Take Care of Themselves While Caring for Others?

Tiffany Bonds Carver

The purpose of this study is to examine the attitudes of counselors-in-training regarding self-care and the utilization of counseling services. The information presented will be based on the responses of master's level counseling students who completed a survey regarding significant life events and their initial choice of coping options.

#### ## Friday ● 11:00AM ● Foyer

#### Dance With the One Who Brought You: Sharpen up Those Micro-Skills

Tara Thomasson

This poster offers counselors a micro-skills "tune up"; Micro-skills become second nature to us over the years and they may not be receiving the intentionality/mindfulness that they deserve. Come revisit the first skills that you were given as a counselor-in-training to ensure that your micro-skills are well-sharpened.

#### ## Friday ● 11:00AM ● Foyer

#### Sex and the Counselor: How Attitudes and Beliefs About Sexuality Influence Interactions With Clients

Ana Jaramillo Emily Diehl

This presentation provides the results of a qualitative examination of master's-level counseling students' attitudes and beliefs about sexuality. Analysis of student narratives and reaction papers through discourse analysis revealed themes related to willingness to engage in sexuality-related discussions with clients. Implications for increasing counselor comfort in engaging in sexuality-related discussions with clients and recommendations for enhancing counselor training are offered.

#### ## Friday ● 11:00AM ● Foyer

### Maximizing Cultural Competency in Supervisees: A Developmental Model for Supervision

Jeff Christensen Eleni Honderich

Presenters will go over Racial Identity Development and its relationship to counselor effectiveness in areas of multi-cultural counseling, as well as provide a format of a semester long group supervision course and how this can be modified to include the Racial Identity framework and reflective in-class assignments.

#### **ૠ Friday • 11:00AM • Foyer**

#### So I Have This Diploma, Now What?

Tonya Hammer Kristi Cannon

For many counseling students and new grads, the career options and paths to achieving those options are not readily addressed in graduate school. Attendees will walk away with a better understanding of how to begin a faculty or clinical practice career, along with the roadblocks that may be encountered.

#### ## Friday ● 11:00AM ● Foyer

# Formalizing Wellness during Internship: A Proposed Adjunct Course for Clinical Internship

Patrick Jeffs Kristina Acosta

Many counseling students struggle adjusting to their new roles as counselors-in-training during their clinical internships, which is the capstone of their educational experience. This presentation will provide the need and comprehensive plan for an elective 1-credit counselor wellness course adjunct to master's students' internship experience.

#### Friday, September 28th • 12:00-2:00 PM

# Savannah Ballrooms A/B Awards Luncheon and Business Meeting

#### Friday September 28. Content Sessions

#### ## Friday ● 2:00PM ● Academy

#### State ACES President and President-Elect Connection

This session is for the current SACES State Presidents and President-Elects. This meeting is an opportunity for the state ACES leadership to connect on the state-by-state happenings within our region (e.g., licensure, supervision, accreditation). This is also a wonderful opportunity to share resources and develop parternships.

#### ## Friday ● 2:00PM ● Mercer

#### Introduction to the Confirmatory Factor Analysis

Hideyuki Tanaka

This session provides an introductory description of the confirmatory factor analysis (CFA) for graduate students and researchers in counseling. The basic concepts of the CFA will be explained, and a simple example will be presented to illuminate how to set up and evaluate the hypothetical model.

#### ₩ Friday • 2:00PM • Plaza

#### Narrative Supervision of a Sexual Assault Case: Externalizing Rape and Building Resilience

Christine Sacco-Bene Gregory Meek, Jessica Rodriguez Fuse, Erica Thorne

This presentation will highlight how a narrative approach to supervision with co-counselors and a reflecting team assisted a client who experienced sexual assault. Perspectives of witnessing resilience throughout the therapeutic process will be shared by the counselor interns, supervisor, and an outsider witness.

#### ⊮ Friday • 2:00PM • Chatham

#### Fostering Transformational Learning and Courageous Conversations: Challenges and Opportunities When Teaching Multicultural Counseling

Michelle Mitcham Shon Smith

Fostering transformational learning and a positive classroom environment when teaching the multicultural counseling course may be challenging.

Cultivating the climate for courageous conversations will be presented as well as effective classroom and online strategies for course delivery. Specific activities that provide transformational learning around the MCC's will be presented.

#### # Friday • 2:00PM • Reynolds

### Fostering Relevance & Reflection: Experiential Activities in the Classroom - Clinical Courses

Carrie Lynn Bailey Karena Heyward, John Dewell, Mary Graham, Katherine M. Hermann

Experiential activities, along with reflection, have long been shown to promote growth and transformation (Friere, 1970; Kolb, 1984). An overview of experiential learning will be presented along with samples proven effective in clinical courses. Participants will gain a toolbox of experiential activities and are encouraged to share their own favorites.

#### ## Friday ● 2:00PM ● Polaski

#### Service Learning Projects and Professional Identity Development in Counselor Education Programs

Melanie J. Drake Wallace Nancy Fox, Kelli Lasseter

The primary objective of this session is to describe the design, implementation, and results of a research study entitled, The Creating Awareness through Service Learning Experiences (CASLE) Project. Discussion will include lessons learned as a result of the study and detailed information of various stages will be shared.

#### **# Friday • 2:00PM • Telfair**

#### A Service-Learning, School-Based, School Counselor Training Model for Graduate Schools

Brett Zyromski

Benefits of Northern Kentucky University's service-learning, school-based school counselor training model will be discussed. Current students in the program and partner school counselors, who have served as a school-based learning site, will share their experiences. Participants will leave with pedagogical strategies for implementing service learning in school counselor training programs.

#### # Friday • 2:00PM • Oglethorpe AB

#### Due Process: Ethical Considerations

Laura Simpson Kelly Coker, Marilyn Haight

Issues of student comportment challenge faculty to maintain a balance between student development and professional standards. Faculty members have ethical responsibility to protect the public while promoting student development. Participants will evaluate a counselor in training remediation case study and assess procedures identifying student issues, due process and interventions.

#### # Friday ● 2:00PM ● Johnson

### Supervisor as Farmer: Propagating, Pruning, Picking, and Polishing Supervisees

Eli Branscome

Create optimum growth for supervisees. Theories of supervision will be presented in a humorous, yet scholarly, fashion. See supervision as metaphorical farming. By seeing the process from a farmer's perspective we see the balance of propagating (Person-Centered), pruning (Discrimination), picking (IPR), and polishing (Life-Span).

#### ## Friday ● 2:00PM ● Forsythe

#### The Use of Prayer in the Counseling or Supervision Session

Stephanie Carroll

This session will provide general identification of various forms of prayer and tools that can use in sessions. We will also review the cultural sensitivity regarding the incorporation of spirituality and religion. There will be discussion on the legal and ethical competencies surrounding the use of prayer.

#### # Friday • 2:00PM • General McIntosh

Social Justice Platitudes to Practice: Preparing School Counselors to Perform as Advocates

Chris Janson Sophie Maxis We intend this interactive session to shift the focus of school counselor preparation from developing students' dispositions toward social justice to developing social justice practices that strengthen students, families, and communities. Three different examples of specific practices will be explored and discussed: equity audits, digital storytelling, and empowerment-focused community building.

#### Friday September 28 • Content Sessions

#### ₩ Friday • 3:00PM • Academy

#### College Ready? Developing a College and Career Specialization in School Counseling Preparation Programs

Chloe Lancaster

Government reports have illuminated inadequacies in school counseling programs for preparing students for college and career. Recommendations call for increased training at the university level. This presentation appeals to all counselor educators interested in developing increased specialization. Presenters identify strategies for implementation, encompassing innovate fieldwork, special topics coursework, and certification programs

#### # Friday • 3:00PM • Mercer

#### Managed Care and Billing Systems for Counselors: An Overview for Counselor Educators

Laura E. Welfare Paige Bentley Greason

Client billing is a daunting but necessary part of counseling practice. Familiarity with credentialing and authorization of services within managed care is important for all counselors. Counselor educators who wish to hear a comprehensible description of the current system are welcomed. Handouts, suitable for dissemination to students, will be provided.

### ## Friday ● 3:00PM ● Plaza

# Is Fido a Feminist? How Experiential Techniques Illuminate Feminist Supervision Principles

Caroline O'Hara Leslie A. Stewart, Lindy K. Parker Feminist supervision principles are described in the literature, but feminist techniques are less clear. Presenters will explore 1) Animal-Assisted Therapy in counseling, 2) dough and sculpting, and 3) coloring to process emotions. This experiential presentation includes a Registered Therapy Dog. Participants will leave with concrete tools for use in supervision.

#### ## Friday ● 3:00PM ● Chatham

# The LGB Coming Out Process: Including a Grief Perspective

Adrienne Erby

The coming out process for LGB individuals can be both exhilarating and freeing, however some clients experience a profound sense of loss that many counselors fear addressing. This presentation will provide a framework for conceptualization, practice and education with grief and loss issues in the coming out process.

#### ## Friday ● 3:00PM ● Reynolds

#### Facilitating School Counselors' Cultural Competence through Supervision and Teaching

Rolanda Mitchell Peggy Ceballos

As our schools become more diverse, it is imperative for school counselors to address the needs of their students in a culturally competent manner. This presentation will discuss how the use of media (videos, motion pictures) and activities can help supervisors and professors highlight cultural concerns and increase school counselors' multicultural awareness.

#### ₩ Friday • 3:00PM • Polaski

#### Counseling and Supervision: An Exploratory Investigation of Counselor Empathy and the Supervisory Relationship

Kristina DePue Glenn Lambie, Dallas Wilkes

The goal of the presentation is to discuss the importance of counselor supervision and the development of counselor empathy in master's level counseling programs. Presenters will discuss results from descriptive, correlational research involving 54 practicum students and 16 supervisors on the relationship of counselor empathy and the strength of the supervisory relationship. Further, a standard

competency scale is utilized at UCF called the Counselor Competency Scale (CCS) to measure counselor effectiveness across multiple domains. Presenters will also discuss counselor empathy in relation to CCS scores and the supervisory relationship in relation to CCS scores. Implications for supervisors and counseling programs will be presented from a developmental perspective based on study results.

#### # Friday • 3:00PM • Telfair

#### Training Counselors to Serve Religious LGBTQI Clients: Taking Action to Promote Resilience

Brenda Ibutu Elizabeth Mavnard

This session will offer insight into issues that may be seen when counseling religious LGBTQI clients, particularly those with strong religious and/or spiritual backgrounds. Suggestions will be given on how to both support and challenge LGBTQI persons' perceptions from their backgrounds and how to manage safety issues while coming out.

#### # Friday • 3:00PM • Oglethorpe AB

#### Teaching Counselor Education Through the Use of Low Cost Counselor Produced Films

Samuel T. Gladding

This presentation will show participants how to produce low cost quality films for their classes on particular subjects they are teaching in counseling. The presentation will cover the essentials of tailor-making a film including script writing, budgeting, scene enactment, securing actors, audio/video equipment needed, props, and final production.

#### # Friday • 3:00PM • Johnson

#### Impacting Student Academic Achievement: A Training Program for School Counseling Interns

Lynne Guillot Miller Maiko Xiong

The presenters will provide information and results related to trainings school counseling interns received to aid them in increasing middle and secondary students' academic achievement. The training included education on motivation and sense of school membership. Information on implementing trainings

in school counselor education programs will be presented.

#### ## Friday ● 3:00PM ● Forsythe

## Experiential Activities and Use of Multimedia in Courses Addressing Substance Abuse Counseling

Amanda Giordano

This program is designed to present the tenets of experiential learning theory and explore how to utilize experiential education and multimedia in courses that address substance abuse counseling. The goal of the presentation is to help attendees consider how these tools may enhance student learning pertaining to addictions counseling.

#### # Friday • 3:00PM • General McIntosh

## Motherhood and Academia: Experiences with Work/Life Balance

SACES Women's Interest Network Panel

The SACES Women's Interest Network hosts a panel discussion on the work/life balance of counselor educators who are also mothers. The panel members will share their experiences, including career and motherhood highlights, challenges, and coping strategies. Existing university support and potential family friendly policies will be addressed.

#### Friday September 28• Roundtable Sessions

### **¥** Friday • 3:00PM •

Savannah Ballroom B: Roundtable 1

### Things to Consider when Supervising School Counselors

Natalie Grubbs Kimere Corthell

The presentation will begin with a collaborative discussion with the group about supervision and their experiences with supervision. Supervision theory and research related to supervising school counselors specifically will be discussed. Finally, participants will have the opportunity to discuss the practical implications and limitations of putting supervision theory into practice in the school setting.

#### # Friday • 3:00PM •

#### Savannah Ballroom B: Roundtable 2

### Multiple but Not Dual: Managing Various Roles in Counselor Education

KristiAnna Santos Fangzhou (Sabrina) Yu

This program will allow doctoral students to engage in a discussion of their multiple roles in counselor education. It will provide a forum for students to process their challenges, and share strategies for negotiating their multiple roles in an ethical manner while maintaining proper self-care.

#### **ૠ** Friday • 3:00PM •

#### Savannah Ballroom B: Roundtable 4

### The Perfect Storm: Seeking CACREP Accreditation while Weathering the Economic Downturn

Amber Pope

Catherine Packer-Williams, James Stefurak, Charles Guest

For programs seeking to meet the 2009 CACREP Standards, the practical implications of working with fewer resources due to the economic downturn can be difficult to surmount. The faculty from a regional university in Alabama will discuss their experience of revamping master's degree programs to meet CACREP standards while significantly understaffed.

#### **ૠ Friday • 3:00PM •**

### Savannah Ballroom B: Roundtable 5

### The Therapeutic Document in Experiential Group Coursework

Laura Schmuldt

Troyann I. Gentile, Barry Stephens, Eric Camden, Stacy Springston

This session will explore the use of the therapeutic document as a means of creating continuity and enhancing insight and skills for master's level students enrolled in the experiential portion of a group counseling course.

#### **%** Friday • 3:00PM •

#### Savannah Ballroom B: Roundtable 6

Making it Interesting and Fun: Teaching Assessment Using Project-Based and Experiential Activities

Marie F. Shoffner-Creager Mary Deacon

Counseling students often view assessment as irrelevant and approach the assessment course with anxiety. Helping students to understand assessment and look upon it as a valuable, pain-free counseling tool is critical to their continued use of assessment outside of the counseling interview and in-session observations.

### 

#### Creative Methods of Counseling Supervision

Anna Marsh Selby Susan Yanney, Rachel Owens, Joan Looby, Ashley Norwood-Strickland, Kathy Dooley

Join a group of counseling supervisors as they examine creative supervision techniques that they found successful with supervisees. Central to their discussion will be supervisory approaches that draw upon expressive art modalities. Leave this session with a renewed excitement about how creative and fun supervision can be.

### 

School Counselor Educators and Rehabilitation Educators Collaborating for K-12 Student Success: Success Stories in Shared Supervision and Training

SaDohl Goldsmith Quiteya Walker, Rhonda M. Bryant

This program discusses the collaboration between school and rehabilitation counselor educators in supervising school counselor trainees counseling students who have disabilities. Participants will learn supervision strategies designed to support school counseling trainees facing challenges in navigating district, state, and federal guidelines that shape working with K-12 students with disabilities.

### 

The Relationship Between Gender, Rank, and CACREP-accreditation to Counselor Educator Job Satisfaction

Aaron Oberman

This session will explore factors that lead to job satisfaction and job dissatisfaction for counselor education faculty members. Some of the specific factors addressed will be working at a CACREP-accredited program, gender, and academic rank.

# ### Friday ● 3:00PM ● Savannah Ballroom B: Roundtable 11

### Counselor Professional Identity: Perspectives of Counselors-in-Training

Angela S. Shores

Come discuss the results of a recent study regarding the perceptions of graduate counseling students regarding professional identity of counselors. Audience members will have an opportunity to reflect on their own professional identity and development. Implications of the study will be discussed.

### 

### Flipping the Script: Narrative Counseling to Empower Urban Students and Communities

Chris Janson Travis Pinckney

Students in urban school settings are often burdened by damaging stories told about them. These damaging narratives are foisted upon students, their families, and their communities. The presenters will describe how narrative approaches help students and communities resist these damaging stories by developing counterstories of strength, empowerment, and possibility.

### 

# Multicultural & Diversity Considerations in Clinical Assessments

Shanita Brown

Counselors assess clients from different ethnic groups and cultural backgrounds. During the assessment process, it is important that counselors take into account the client's cultural frame of reference when evaluating behaviors. This presentation will address cultural considerations and sensitivities such as socioeconomic class, ethnic group, and cultural beliefs during the clinical assessment process.

### 

#### Fostering Change in Families by Exploring Resilience Through Experiential Modalities

Jennifer Pereira Eric Davis

Counselors can use the curative power inherent in expressive modalities to work with children and families to support engagement, communication, and resilience. Presenters will provide information on how expressive techniques enrich work with children and families. Experiential opportunities and information to enhance learning opportunities in coursework will be provided.

#### Friday September 28. Content Sessions

#### ## Friday ● 4:00PM ● Academy

#### Developing a Successful Comprehensive Assessment Plan for Online and Hybrid Counseling Programs

Stacee Reicherzer Kelly Coker, Sandra Harris, Matthew Buckley

This presentation will demonstrate how to develop and implement a comprehensive assessment plan for online and hybrid counseling programs in accordance with CACREP 2009 Standards. Audience members will be invited to ask questions throughout the presentation, as well as to present challenges in developing comprehensive assessment plans for their programs.

#### ⊮ Friday • 4:00PM • Mercer

#### A Family Systems Approach to Qualitative Interviewing: The Therapeutic Interview Process

Judy Nelson Anthony J. Onwuegbuzie, Lisa A. Wines, Rebecca K. Frels

This presentation will describe the systemic strategies used in marriage and family therapy relevant to qualitative research, via what we call the therapeutic interview process that expands the meaning of a research study for both the counselor researcher and the participant(s). We maintain that the central core of the interview process is the therapeutic conversation

itself that involves the systemic whole. Consequently, a family systems perspective is both relevant and crucial in our approach to qualitative interviews. The presenters will employ two exemplars from our own research to demonstrate the rich meaning that emerges from the therapeutic interview process.

#### ## Friday ● 4:00PM ● Plaza

#### Preparing Minority Students to Counsel White Clients

Natoya Haskins

To this point most multicultural research have focused on training white counseling students, with little research specifying how programs prepare minority students to deal with unique challenges when counseling white clients. This presentation will present findings based on interviews with white faculty members. Implications and future research will be discussed.

#### # Friday ● 4:00PM ● Chatham

### Promoting Professional Development for School Counseling Site Supervisors

Tim Grothaus Tracy Jackson, Suzan Thompson

This interactive session highlights a field-tested format to provide professional development via training and consultation with school counseling site supervisors. In addition to a discussion of the design, implementation, and evaluation of the program, dialog about alternative means to address site supervisory training needs will be welcome.

#### ## Friday ● 4:00PM ● Reynolds

# Facilitating Intimate Conversations: Supervision of the Group Co-leader Relationship

David Huffman Delini Fernando

Supervisors maximize student learning and group development by facilitating increasingly intimate conversations between group co-leaders. Presenters will introduce an intimacy development model that identifies a sequence of interchanges to foster intimacy between co-leaders. Participants will leave with a conceptual framework for co-leader relationship development and practical intervention strategies for supervision.

#### ## Friday ● 4:00PM ● Polaski

#### How Do I Become a Counselor? Issues of Professional Identity Development in Supervision

Jeff Sullivan Sinem Akay, Amanda La Guardia

This presentation will facilitate supervisors' understanding of professional identity in themselves and their supervisees. Attendees will develop a greater sense of their own professional identity and how it relates to the emerging professional identity of their supervisees.

#### **ૠ Friday • 4:00PM • Telfair**

### College and Career Readiness: Are Counselors Receiving the Training They Need?

Le'Ann Solmonson

Current research suggests a need for Counselor Education programs to increase training opportunities in college and career counseling. This program will share the collaborative work of a university and state board to provide training in this area. Participants will review resources available and activities to use in training students.

#### # Friday • 4:00PM • Oglethorpe AB

#### The Intersection Between Mindfulness-based Practices and Counselor Relational Qualities

Julie Ballinger Casey A. Barrio Minton

Drawing from the latest neuroscience research, the presenter will demonstrate how counselor educators may enhance programs by supplementing traditional counseling skills approaches with mindfulness-based practices known to improve interpersonal qualities and relational capabilities. A variety of methods and resources for introducing mindfulness practices to students and supervisees will be provided.

#### ₩ Friday • 4:00PM • Johnson

#### Resource Warehouse for Supervisors

Jill D. Duba Sauerheber Anita Neuer Colburn, S. Allen Wilcoxon, Jeff Hughes, Kathy Ybanez-Llorente Looking for supervision resources in a handy electronic format? The SACES Supervision Training Committee will provide an overview of the resources they collected for the SACES website (e.g., supervision contracts, activities to be used in supervision training). Participants will be invited to provide feedback about what other resources are needed.

#### # Friday • 4:00PM • General McIntosh

#### SACES Women's Interest Network Meeting

The SACES Women's Interest Network meeting will provide a forum to discuss a proposed methodology for its Women Counselor Educators Work/Life Balance research project. Network members interested in collecting data for this project are encouraged to attend.

#### # Friday • 4:00PM • Forsythe

#### Supporting Community Resilience through Internship Program Action

Elias Zambrano Nathaniel Ivers

Participants will learn how a university counseling program and school district created a counseling center, simultaneously addressing community mental health and quality internship needs. Presenters will describe how a vision became a reality, the processes used to create and sustain the counseling center, and lessons learned to date.

#### # Friday • 4:00PM • Savannah Ballroom B

### CSI Chapter Faculty Advisors: Mentoring New Leaders

Jane E. Myers

CSI has become known for its development of leaders for the profession and the settings where counselors work. Large and small chapters present unique circumstances. This session will address some ways to facilitate a smooth running chapter and prepare future leaders in the process. Time is planned for questions and sharing.

## Friday September 28. Poster Sessions

## # Friday ● 4:00PM ● Fover

## School Counselor Self Efficacy with English Language Learners

Leonissa Johnson

This presentation informs participants of school counselors' beliefs concerning their work with English Language Learners. Results of a national survey of school counselors will be shared. Differences between variables such as U.S. region and school level will be highlighted. Implications for school counselor training will also be discussed.

## **# Friday ● 4:00PM ● Foyer**

## LGBTQ Students' High School-College Experiences: Implications for Counselor Educators

Ken Jackson

Discussing the findings of a qualitative study on LGBTQ students' high school-college experiences, this interactive program focuses on the implications for counselor educators.

#### # Friday • 4:00PM • Foyer

## Integrating Parent Empowerment into School Counseling: Encompassing Social Justice and Multiculturalism

Jungnam Kim

Presenters will share a multidimensional parent empowerment framework and transformative approaches to parent education for low income and marginalized populations. Participants will learn about the process, strategies, and outcomes of parent empowerment and how parent empowerment can help school counselors facilitate parent education. Implications for counselor educators are discussed.

## ## Friday ● 4:00PM ● Foyer

Gay Relationships in the South: Implications for Counselors, Counselor Educators, and Counseling Supervisors

John Marszalek

The presenter will describe the results of a qualitative study of 15 gay male couples in a southern state that have been in sustained relationships of at least 5 years, including sources of relationship satisfaction and challenges and support for relationship persistence in southern communities.

## **ૠ** Friday • 4:00PM • Foyer

## Latino High School Students' School Counseling Preferences: An Exploratory Needs Assessment

Maggie Morganfield Parker

Latino/a students continue to struggle academically despite ASCA's efforts to meet the needs of all students. Latino/a students provided valuable information regarding their school counseling preferences and satisfaction with activities. Results from this survey will be discussed to assist school counselors in better meeting the needs of this population.

## **ૠ Friday • 4:00PM • Foyer**

### Faith in Counselor Supervision: Taboo?

Morgan Riechel

Research indicates that issues of faith have been overlooked in counselor supervision. What are current student's experiences? Are we more open to broaching faith-based topics today than previously? Presenters will provide an overview of current literature and results from a qualitative study of master's students experience in counselor supervision.

### **¥** Friday • 4:00PM • Foyer

## African American Males Who Decided to Attend College: Who or What Played a Role?

Erik M. Hines Paul Harris

African American males are underserved in postsecondary opportunities, yet some make it to college. Variables that impacted the decision and motivation of first generation college freshmen will be described. Strategies for training pres-service school counselors to enhance their career/college readiness work with African American males will be provided.

## **%** Friday • 4:00PM • Foyer

## Helping Counselors Foster Resilience for Women in the Sandwich Generation

Jacqueline R. Smith Ronda N. Lambert, Teresa Jacobson

While counselors are often trained to address job burnout and internalized gender-role stereotyping, more training and supervision is needed to address psychosocial stressors and problems that result from dual caregiving responsibilities. This session will increase awareness of symptoms, needs, and counseling strategies for women identified in the "Sandwich Generation" phenomenon.

# **SATURDAY**

## Saturday September 29 • Content Sessions

## Saturday ● 8:00AM ● Academy

## National Center for Education Statistics Datasets: Opportunities for Counseling Research and Funding

Laura M. Gonzalez Jose' A. Villalba

NCES collects longitudinal data on a variety of variables that could be of interest to counselor educators and doctoral students looking for dissertation topics and funding. These large datasets can be both exciting and intimidating, so we propose to demonstrate how to access and work with two datasets (NELS, HSLS).

## **¥** Saturday • 8:00AM • Mercer

## Using Mindfulness Practices in Counselor Education and Supervision

David Johnson

The objective of this presentation is to review research investigating mindfulness and counselor education and supervision. Explanations of how mindfulness enhances counselor education will be provided. The presenters will also discuss ways of integrating mindfulness practices into supervision, and directions for future research.

## ₩ Saturday • 8:00AM • Plaza

## From Cerebral Cortex to Counseling: The Application of Neuroscience to Counseling Pedagogy

Laura K. Jones J. Scott Young

Counselors have an opportunity to use emerging neuroscientific research to enhance counseling interventions, the therapeutic relationship, and maximize the long-term benefits of counseling. Through lecture and group discussion attendees will be introduced to the neuroscience of counseling and ways of integrating this knowledge into their work with students and clients.

## Saturday ● 8:00AM ● Chatham

Experiential Activities in Supervision using Dialectical Behavior Therapy (DBT)

Michelle Hunnicutt Hollenbaugh

This presentation will explore skills related to DBT and their uses in supervision. These techniques will help supervisors maintain structure within the session, and provide feedback to supervisees. Participants will engage in activities related to DBT skills and techniques, and discuss practical ways to implement these skills in supervision.

## Saturday ● 8:00AM ● Reynolds

## Redrawing the Circle: From Exclusion and Humiliation to Inclusion and Empowerment

Hugh Crethar Tonya Hammer

Language can be used to humiliate and possibly exclude people from the conversation or can provide empowerment and inclusion. In this session, we will offer a model to better rebuild traditions of inclusion and empowerment within the counseling profession as well as in our interactions with clientele and their systems.

### ¥ Saturday • 8:00AM • Polaski

## Posttraumatic Growth: Helping Clients Find Meaning and Achieve Wisdom after Trauma

Radha Horton-Parker Ione N. Paiva

Posttraumatic growth (PTG) refers to both the process and outcome of experiencing trauma that results in increased wisdom, meaning and new life narratives. The purpose of this program is increase understanding of PTG and its complexities, and to suggest strategies for fostering posttraumatic growth in clients.

## 

## The Convergence of Clinical Mental Health Counseling and School Counseling in Working with Children and Adolescents

Kerry Sebera Victoria Palmisano

Children and adolescents dealing with social and emotional issues often experience difficulty at home, school, and in the community. If we are to successful support these children and their families, we must address their needs across ecological systems and focus on the development of the whole child (Walsh & Galassi, 2002). Clinical mental health counselors and school counselors need to work collaboratively to address the needs and improve the fragmented services or lack of services for school-aged youth. This presentation will address ways for clinical and mental health counselors to improve their collaborative efforts, starting with counselor educators teaching and modeling collaborative work between the two groups in graduate training.

## Saturday ● 8:00AM ● Oglethorpe AB

## Changing Society from the Inside Out: Enhancing Counselors' Empathy for LGBT Experience

Noelle Collier

Counselors may face challenges when confronted with LGBT experience due to conflicts with personal beliefs or societal norms. Enhancing empathy for LGBT experience may assist counselors in dealing more effectively with these challenges. This presentation will address current LGBT issues and demonstrate experiential activities that enhance empathy toward LGBT experience.

### 

## Experiential Activities for Teaching Career Development Concepts in Interesting and Exciting Ways

Tracy Lara Chris Wheelus

Learn how to use new, creative activities designed to present career development concepts in exciting ways with a valuable teaching resource, *Experiential Activities for Teaching Career Counseling Classes and for Facilitating Career Groups*, Volumes 1-3; Hear how this newly completed trilogy is rooted in the work of the ACES-NCDA Commission.

#### Saturday ● 8:00AM ● Forsythe

## Professional Identity Development of Counselor Educators-in-Training

Donna Gibson Julie M. Moss

The professional identity development of counselor educators-in-training involve several transformational tasks that involve the integration of multiple identities, sense of confidence and legitimacy, and personalization and responsibility as the source of knowledge about the profession. During this presentation, results of a qualitative study of the professional identity development of doctoral students will be presented and discussed.

## Saturday ● 8:00AM ● General McIntosh

## Harmful Supervision: An Imperative for Action

Allie Rhinehart Marianne Woodside

This presentation provides an overview of research related to ineffective supervision, explores the effects of harmful supervision, and describes implications of harmful supervision for training and practice in counselor education.

# 

## Co-Curricular Activities Addressing the CACREP Standards on Leadership & Advocacy

Casey Barrio Minton Jane E. Myers

CSI chapters have been credited with helping counselor education programs meet the CACREP Standards through their focused professional service programs. CSI has contributed over \$750,000 to chapters in its 27-year plus history to support such efforts. This session will illustrate departmental and counselor community engagement activities through which chapters address both leadership and advocacy knowledge and skills. Students and faculty from all counselor education programs are welcome to share and learn how they can benefit from CSI chapters' experiences.

## Saturday September 29 Poster Sessions

## Saturday ◆ 8:00AM ◆ Foyer

Infusing Career/College Readiness Counseling for African American Males into School Counselor Training

Paul Harris Erik Hines This presentation gives counselor educators the tools needed to infuse college and career readiness activities and strategies into various counselor preparation courses to train pre-service school counselors in helping underserved student populations. Specifically, attention is given to teaching pre-service school counselors how to prepare African American males for post-secondary options.

## Saturday ◆ 8:00AM ◆ Foyer

## Spirituality in the Classroom: Pedagogy and Classroom Considerations

Amanda M. Evans Gregory Meyer

CACREP acknowledges the importance of spirituality in client recovery; however, we believe spirituality should be incorporated in counseling programs beyond addictions counseling. Spirituality, a "relationship with a higher entity," that establishes meaning or purpose is crucial in counselor and client identity development. Recommendations for curriculum and pedagogy will be discussed.

## Saturday ◆ 8:00AM ◆ Foyer

## Disaster Mental Health and Crisis Counseling: Stand-Alone Course or Across the Curriculum

Roxane Dufrene

Lorraine M. Dinkel, Tamia Randolph-Alvarez, Zoe Tanner, Chantrelle Varnado-Johnson

This presentation will examine the pedagogical techniques when training counseling students to work in disaster and crisis situations. Based on the CACREP standards, advantages and disadvantages of a stand-alone course and/or cross-curriculum approaches to disaster mental health and crisis training will be the reviewed.

## Saturday ◆ 8:00AM ◆ Foyer

## Reducing Conflict: Peer Mediation as a Humanistic Social Justice Intervention

Isaac Burt

Conflict and violence in the community represent problematic dilemmas for counselors. Drawing on theoretical concepts and research encompassing conflict resolution and social justice, this presentation explores peer mediation as a viable alternative to reduce conflict in neighborhood settings, utilizing community centers as a social justice conduit for change.

## Saturday ● 8:00AM ● Foyer

## Expanding Our Horizons: Service Learning in Nicaragua

Emily Donald Regina Moro

This presentation will highlight a service-learning trip to Nicaragua. The experience will be outlined and the results of qualitative research regarding the trip's impact on the personal and professional development of the counselors-in-training will be presented. Discussion will highlight remaining questions about how similar experiences may contribute to counselor training.

## Saturday ● 8:00AM ● Foyer

## From a Distance: Integrating Spirituality into Online Supervision

Anita Neuer Colburn Holly Hartwig Moorhead

This presentation will synthesize spiritual integration, distance strategies, and multicultural competence relative to clinical supervision. Current standards encourage spirituality integration in supervision processes and supervisees' work with clients. Increasing demand for on-line counselor training requires that we do this creatively! Presenters will share literature, real-life examples, and suggested strategies.

#### **¥** Saturday • 8:00AM • Fover

## Narrative Inquiry: Family Therapy Working Alliance with Differences of Race/Social Class

Julie Martin

A new Ph.D. presents her dissertation research, investigating the perceptions of working class African American families of the working alliance with middle class Caucasian family therapists. This study contributes to the field of marriage and family therapy, addressing the power of race and social class status and multicultural competencies.

## 

## Internationalizing Counseling Training Curriculum and Environment: Scope, Strategies, and Concerns

Brigid Noonan Kok-Mun Ng, Emily Donald

This program will provide an overview of internationalization of the counseling profession as well as present ways to internationalize American counseling training programs. Based on research and professional experiences, the presentation will focus on the meaning and scope of internationalization to the counseling profession.

### **¥** Saturday • 8:00AM • Foyer

### Poster Sessions: An Effective Teaching Method that Increases Students' Presentation Self-Efficacy

Melodie Frick Yvette Castillo

Students are often encouraged to present at professional conferences, however many believe they are not capable of doing so. This presentation will provide research findings on master's level students' self-efficacy beliefs about presenting poster-sessions, and the effectiveness of using a poster-session conference as a teaching method in counselor education.

## Saturday ● 8:00AM ● Foyer

### Faith in Treatment: Conflict, Competency and Counselor Education

Stephanie K. Scott Robyn Trippany Simmons

The impact and role of faith in the clinical setting are reviewed, with a focus on how counselors perceive and approach conflicts related to associated cultural and diversity issues. Results from a phenomenographic study are shared, with interactive discussion to include themes of faith, diversity and multicultural considerations.

## Saturday ● 8:00AM ● Fover

Enhancing Counselors'-in-Training Active Listening Skills Through Song Lyrics Eric Davis Ienn Pereira

A difficulty for counselor educators involves teaching effective active listening skills for accurate emotional recognition. Lyrics can allow for the exploration of emotional content within a diverse cultural context of music. Participants will learn a varied selection of lyrics to utilize and process to teach and practice active listening skills.

## Saturday September 29 • Content Sessions

## Saturday ● 9:00AM ● Academy

### Doing Research to Learn to Do Research

Jerry Mobley James Chuck Dumas, Laura A. Melnick, Kandal Owens

"Without data, you are just another person with an opinion" (Wenmoth, 2009). Even though most counselors do not appreciate the challenge, gathering data to provide feedback to others about their activities, particularly their services, is an increasing necessity. Traditional research courses are tolerated. This teaching process supports doing-research-to-learn-to-do-research (DRTLR).

#### Saturday ● 9:00AM ● Mercer

## Counselors and Engaged Community Partnerships: A Winning Team

Kylie Dotson-Blake Tonya Hammer, Jenny Penney-Oliver

Community engagement brings learning to life for students, helps professional associations better serve their members and stakeholders and fosters connections between practicing counselors and the communities they serve. This presentation will share foundational elements necessary to develop effective and meaningful engaged partnerships and explore strategies for stronger partnerships, challenges and personal successes. It is appropriate for counselors and counselor educators of all levels. Come and join the conversation, share your experiences and learn from others.

## ¥ Saturday • 9:00AM • Plaza

A Narrative Means to a Theoretical End: Examining Theoretical Orientation Development Courtney Allen Harry Daniels, Sondra Smith-Adcock

Despite its importance, little is known about theoretical orientation development from the perspective of counselors-in-preparation. Here we introduce a qualitative study examining this phenomenon using Narrative methods. Our presentation will include an opportunity for the audience to participate in some of the Narrative activities used in the study.

## ★ Saturday • 9:00AM • Chatham

## Counselors and Social Workers: Working Together for the Good of the Client

Alexandra Wilhelm

This presentation will not only attempt to show the objective differences and similarities between counselors and social workers, but will also provide suggestions for how the two professions can work together for the good of the client and prevent a "turf war."

## Saturday ● 9:00AM ● Reynolds

## Recognizing and Adapting to Supervisee Reactance at Different Levels of Supervisee Development

Tara Thomasson Daniel B. Kissinger

This session covers the basic tenets of psychological reactance theory and its role in the process of clinical supervision. Topics of discussion are: (1) threat conditions known to elicit reactant responses, (2) distinctions between resistance and reactance, and (3) interventions for addressing reactance at different levels of supervisee development.

## Saturday ● 9:00AM ● Polaski

## The Effectiveness of a Wellness- Oriented Psychoeducational Support Group for Cancer Survivors

Sejal M. Barden

The implementation of a wellness-based support group for cancer survivors will be described. The presenters will discuss their research findings regarding the impact of this group on the health locus of control and holistic wellness of group members. Implications for facilitating strength-based, psycho-educational groups for cancer survivors will be processed.

## Saturday ● 9:00AM ● Telfair

## You've Been Served: What to do When a Counselor is Involved in Legal Proceedings

Victoria Palmisano Kerry Sebera

Increasingly the legal and criminal justice systems are seeking the expert advice and skills of forensic counselors to determine the proper resolution of cases and the most effective treatment for offenders. Participants will build knowledge of mental health law, with a specific focus on divorce, juvenile justice and delinquency.

## Saturday ● 9:00AM ● Oglethorpe AB

## "Soundtrack of My Life" as a Narrative Intervention for Counseling and Supervision

Tiffany Reed Summers Diana Maag, Lacey Chandler

Presenters will demonstrate using the soundtrack intervention to facilitate the telling of stories and the expression of intense emotions. This information will be conveyed to participants by PowerPoint presentation, video vignettes of clients, and through an experiential exercise. Presenters will also discuss using variations of the soundtrack during supervision.

### Saturday ● 9:00AM ● Johnson

## Teaching Counseling Techniques from an Integrative Perspective

Amanda La Guardia Richard Watts

Being technically integrative when working with clients can be challenging. Teaching students and supervisees to creatively adapt various techniques in a way that matches client need can be equally challenging. This presentation will present a framework for an integrative approach to the use of techniques in counseling and discuss methods for relating this information to students and supervisees.

## Saturday ● 9:00AM ● Forsythe

Digital Story Telling and Immersion Experiences: The Process, Practice, and Products Sejal Parikh Mark A. Grimmett

Participants will learn how digital stories can be used to support immersion experiences. Presenters will share real products that have been created by master's and doctoral students. Reflections from students about the digital story telling process and how their experiences impacted their multicultural development will also be discussed.

## Saturday ● 9:00AM ● General McIntosh

## Complementary and Alternative Medicine (CAM) and Counselor Supervision

Joffrey Suprina Suzan K. Thompson, Laura K. Cunningham

Practices like yoga, meditation, and imagery are gaining popularity motivating clients and counselors to integrate Complementary and Alternative Medicine (CAM) into their counseling. Through lecture, demonstration and practice, participants will learn how to ethically include CAM with supervisees, as well as guide supervisees to use CAM with their clients.

## Saturday September 29• Roundtable Sessions

## 

## Responding to Death/Loss in Schools

Tom Jarvis Dary Myrick

Because school counselors must be prepared to handle death/loss issues in schools which affect students and staff, this session will present guidelines for handling such situations. Presenters will draw from personal experiences as school counselors and current research in providing a framework for responding to tragedies.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 2

Dissertate, Procreate, or Adopt: A Panel Discussion for Family-Oriented Doctoral Students

Laura Farmer

Many doctoral students experience major life changes during one's course of study; some even become parents. A panel of doctoral students and recent graduates who either gave birth to a child or adopted a child during their program of study will share their experiences. The moderator will address several structured questions followed by open questions from the audience.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 3

### International Activity Discussion

Larry Tyson Linda Foster

A number of graduate programs across the southern region are involved in international efforts. These efforts involve study away programs, cultural immersion activities, professional development for international countries, U.S. degree programs, among others. SACES is trying to develop a "clearinghouse" for those programs which are involved in international efforts on the SACES website, as well as a place for those looking to gather information on such efforts. Those interested in this effort should plan on attending this roundtable discussion.

## ¥ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 4

## The Long Journey Home: Resilient Re-entry for Emerging Counselors Sojourning Internationally

Cristen Wathen Pamela C. Wells

With an ever-increasing emphasis on multicultural competency and experiential education, more and more colleges and universities are offering study abroad programs specifically for counselors and counselors in training. Re-entry, also known as reverse culture shock, is an issue counselor educators must address when planning an international sojourn with their students or when working with students returning from an international experience. What is reverse culture shock? Is it unique to students? Why should we, as counselor educators, care about this phenomenon? A review of relevant literature, personal experiences by the presenters, and an action plan will be presented.

## 

## Se Habla Espanol: Bilingual Counselors as Social Change Agents

Nathaniel Ivers

This presentation investigates benefits of second language acquisition to counselors and the counseling profession. It also examines how second language training can be incorporated at all levels of counseling, from the individual level of the counseling student to the programmatic and professional levels of counselor education and the counseling profession.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 6

## Using Logic Models to Evaluate School Counseling Programs and Interventions

Cheryl Holcomb-McCoy

This program will introduce participants to the concept of developing logic models. The Kellogg Foundation's template for logic models will be utilized and participants will gain knowledge regarding the use of logic models in counselor education and training. Handouts, including a guide to developing logic models, will be disseminated.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 7

### To Boldly Go: Fostering Creativity and Risk-Taking in Research

Katherine Hermann Christopher Lawrence, David A. Spruill

Innovation, motivation, and modification. This presentation will discuss how counseling research can build upon the researcher as an individual to capitalize on non-traditional interests, actualize personal style, encourage risk-taking, and produce successful academic research.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 8

### Creating Mindful Ethical Practice in Counseling

Margaret Glenn Monica Leppma Ethical practice encompasses our ability to recognize, encourage and deepen insights into our relationships and work. The intent of this program is to introduce information from the integration of psychology and neuroscience, which can lead and influence mindful changes with the goal of consistent, authentic ethical practice.

# ### Saturday ● 9:00AM ● Savannah Ballroom B: Roundtable 9

## The Case of Peter: Narrative Reconstruction as Best Practice in Grief Counseling

Peggy Whiting Laura S. Wheat, Loretta Bradley

Narrative reconstruction emphasizes the fluid nature of meaning making in grief, individualizing the process. This model shatters conceptions of "letting go and moving on" as the goal of healing in grief. In this session, participants will use a case study to discuss the application of this model with the aging.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 10

#### Multi-Professional Supervision

Michelle Kipick Cawn

Integrative mental health care settings are complex and require knowledge of multi-professional collaborations. To adequately prepare students and new professionals for this changing landscape, supervisors need a framework to provide successful navigation. This session will present tools that will help prepare supervisees for an emergent integrative system of care.

# ## Saturday • 9:00AM • Savannah Ballroom B: Roundtable 11

### Invigorating Group Supervision: An Empirically-Based Application of Group Theory and Practice

Pamela Kayanan Morgan Kiper Riechel, Deneen Miller

Presenters and participants will scrutinize the recommendations from the literature though small group and large group reflection and discussion, with particular attention to the application of group work philosophies, theories and practices in clinical group

supervision. We also will identify and discuss group supervisor actions as they "assist students in learning to apply group process and practice in a way that is developmentally appropriate and reflects multicultural awareness and affirmation" (Gilliam, 2004, p. 81). Finally, the presenters will identify specific models for future research studies exploring the effectiveness of various group supervision models within a multicultural, global and postmodern context.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 12

# The Doctor of Professional Counseling (DPC) Degree: The Next Step in Counseling Professionalization

Stephen Southern Don Locke, Rochelle Cade, Kenisha Gordon

Professional doctorates have been established in the allied health professions by clinicians seeking the highest levels of independent practice. Allied health professional doctorates include DNP (Nursing Practice), OTD (Occupational Therapy), PsyD (Psychology), DSW (Social Work), and DMFT (Marriage & Family Therapy). The Doctor of Professional Counseling (DPC) degree affords opportunities for clinical specialization and parity with other allied health professionals. The DPC is the logical next step in the ongoing professionalization of Counseling.

# ★ Saturday • 9:00AM • Savannah Ballroom B: Roundtable 13

## Promoting A Three Tiered Self-Monitoring Model to Increase Self-Awareness and Self-Care Among Pre-Service Counseling Students

Angel Dowden Jeff Warren

A discussion format will be used to present a self-monitoring model that counselor educators can utilize with master's level pre-service counseling students. Recommendations for implementing the model in practicum and internship classes will be provided. Open discussion on the benefits, limitations and opportunities to heighten the model concluded the presentation.

## Saturday ● 9:00AM ●

## Savannah Ballroom B: Roundtable 14

## Spirituality in Higher Education: How Counselor Training Impacts Competence

Abigail Holland Conley

This program will explore a recent study that demonstrates the need for counselors to gain knowledge in spiritual development and spiritual and religious multicultural competencies. Attendees will gain a deeper understanding of the relationship between counselor training and counselor practice working with client's needs regarding spiritual exchange, exploration, struggle, and awareness.

## Saturday September 29 • Content Sessions

### ★ Saturday • 10:00AM • Academy

## Modeling Mindfulness: Teaching Counseling Students to be Mindful Practitioners

Renee Staton Michele Kielty Briggs

Although the practice of mindfulness is relatively new in the counseling field, the benefits of mindfulness practice are well documented. This interactive session offers opportunities for exploring mindfulness in counselor education programs while demonstrating strategies for teaching students to introduce mindfulness to children and clients in school and clinical settings.

### ¥ Saturday • 10:00AM • Mercer

## Challenge of Role, Resiliency and Reliance: Three R's for Doctoral Student Success

Meghan R. Lehembre Sarah Springer, Julia Mazzarella

Doctoral students in Counselor Education programs are expected to engage in multiple roles throughout their program. This presentation will explore the challenges that doctoral students experience in developing professional development and identity.

## Saturday ● 10:00AM ● Plaza

## School Counselors' Coping Styles, Perfectionism, and Levels of Burnout: Implications for Supervision

Heather Smith Lynne Guillot-Miller, Marcos Ghali, Deborah Duenyas Presenters will provide the results of a study conducted to explore the relationship between perfectionism, coping styles, and levels of burnout in a sample of school counselors. Implications for supervisors including methods to aid in recognizing maladaptive perfectionism, signs of burnout, and recommendations for increasing coping styles will be discussed.

## Saturday ● 10:00AM ● Chatham

### Cybersupervision: A Step-by-Step Guide for Supervisors and Supervisees

Jonathan Lent Andrew M. Burck

This presentation will focus on assisting attendees understanding of the emerging area of cybersupervision. The focus will be on providing information regarding the benefits of cybersupervision. This will include a review of logistics relating to technological needs, ethical and legal standards, and how to incorporate multiculturalism into cybersupervision.

## Saturday ● 10:00AM ● Reynolds

## Incorporating Spiritual Competencies: Finding a Place to Start

Marlisse Lonn Angelica Tello

Being able to recognize, understand, and communicate with clients who hold diverse spiritual and religious beliefs is increasingly salient to the profession. Participants will use a case study to explore practical ways to address the area of "communication" as outlined in the spiritual competencies endorsed by ACA.

## Saturday ● 10:00AM ● Polaski

## Advocacy in Supervision: Reaching a Higher Level of Competence

Vivian J. McCollum

The process of supervision is designed to develop professional and personal skills in supervisees and to help them to expand their level of competency. This session will explain the role of the supervisor and supervisee in developing advocacy skills to empower their clients, peers and the profession.

## ## Saturday ● 10:00AM ● Telfair

## Religious Counselors, LGBT Clients: Supporting Counselor Identity Development and Ethical Practice

Joni Miller Melissa Lemons

Participants will learn the differences between the ACA, AAPC, and AACC Codes of Ethics regarding homosexuality. Participants will learn components of a self-definition process counseling students can use to help guide formation of their counselor identity, including conflicts that may arise with their religious identity, religious community, family or friends.

## Saturday ● 10:00AM ● Oglethorpe AB

### Identifying and Promoting Resilience in Underserved Students: A Counselor Agenda

Catherine Abernethy Richard Ricard

Participants will review a strength-based advocacy model for identifying developmental resources of nontraditional students in postsecondary settings and a three-factor model to assess resilience factors in youth. A review of selected screening instruments and application to clinical, secondary, and collegiate settings with handouts are included in this visual, interactive session.

## Saturday ● 10:00AM ● Johnson

## Supervisor's Perceptions of Conflict Resolution in the Supervisory Relationship

Victoria Y. Junior Suneetha B Manyam

This interactive session explores how supervisors perceive the role of conflict and its resolution in the supervisory relationship. In addition to reviewing recent literature, presenters will share the results from their phenomenological investigation on steps of conflict resolution. Recommendations will be provided for successful negotiation of the conflictual interactions.

## Saturday ● 10:00AM ● Forsythe

#### Vicarious Traumatization: Preparing and Protecting Counselors

Everett Painter

Counselors in virtually all settings work with clients who are survivors of trauma. Vicarious traumatization is the notion that counselors may experience significant changes to their cognitive schemas as a result of trauma work. These changes, and subsequent consequences, will be explored from a professional issues and supervision perspective.

## Saturday ● 10:00AM ● General McIntosh

## The Experience of Completion: Female Counselor Education Graduates' Process of Degree Attainment

Caroline Perjessy

This program represents the findings of a qualitative study exploring the experiences of 6 female counselor education doctoral graduates. A grounded theory approach reveals the experiences (e.g., faculty and peer relationships) that assisted a racially and geographically diverse group of women with degree completion.

## Saturday September 29• Roundtable Sessions

## 

## Federal Grant Funding to Support School Counseling Outcome Research: Lessons Learned

Linda Webb Greg Brigman, Elizabeth Villares

A \$2.7 million dollar federal grant from the Institute of Education Sciences, the research arm of the U.S. DOE, was recently awarded to support school counseling outcome research. The grant submission process and lessons learned during the process will be shared. Outcome research interests of participants will be discussed.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 2

## Giving and Receiving Feedback: Assisting Students With this Developmental Process

Jacqueline Swank Shannon McCarthy

The ability to give and receive feedback is crucial within counselor development; however, counseling students may struggle with developing this skill. This presentation focuses on strategies to integrate within the counselor education curriculum that promote the development of this skill.

# ## Saturday ● 10:00AM ● Savannah Ballroom B: Roundtable 3

## Best Practices for Teaching Career Counseling

Aaron Oberman

This session will focus on strategies the lead presenter has implemented in the classroom to engage counselors-in-training about career counseling and development. The presenter will share activities that work, and would like the session participants to share their best practices.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 4

### NCATE: Preparing School Counseling Programs for a Successful Reaccreditation

Jolie Daigle Andrea Dixon

Over 656 colleges of education in the United States are NCATE accredited and school counseling programs fall under the "umbrella" of educational programs due to its outreach to K-12 students. This presentation will assist counselor educators in achieving a successful reaccreditation by identifying the program report sections, components of each section, and providing examples of hard evidence/documentation that are required for review.

## ¥ Saturday • 10:00AM •

## Savannah Ballroom B: Roundtable 5

## Innovative Career & Life Planning Classroom Interventions for Undergraduates

Janee' R. Avent Edward Wahesh, Melissa Wheeler

Counselor educators and doctoral students are often asked to instruct undergraduate career development and life planning courses. Attendees will be invited to discuss their undergraduate teaching experiences and will leave the session with at least three strategies provided by presenters that can be utilized in a classroom setting with undergraduates.

## ¥ Saturday • 10:00AM •

Savannah Ballroom B: Roundtable 6

## The Use of Narrative Therapy to Help Latina/o Adolescents become Resilient

Javier Cavazos Jr. Brande' Flamez, James Ikonomopoulos, Robert L. Smith

This roundtable presentation will cover personal and systemic challenges that Latina/o student's experience. Focus will be given to the use of narrative therapy to help at-risk Latina/o youth overcome personal, family, and school challenges to higher education. Target audience includes counselor educators, graduate students, and school counselors.

## 

## Supervising Students in Building Resilience Using Group Work

Cynthia Crawford Christina Rosen-Galvin

This discussion explores the experience of faculty supervisors and graduate interns who designed and implemented small group, resilience-building activities for at-risk adolescents in rural mountain areas. Presenters and attendees will review resilience-enhancing activities and brainstorm new activities for other populations.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 8

## Preparing Doctoral Students as Clinical Supervisors: A Multi-layered Model

Pamela Lassiter Susan Furr

Presenters will use the roundtable setting to discuss a model of doctoral level preparation in clinical supervision. Voices from three distinct perspectives in the preparation process (i.e., doctoral instructor, onsite supervisor, and doctoral student) will share how each component increases competency in supervision and how various supervision activities are meaningful in fostering skills.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 9

## Relationship Boundaries: Complex Roles of the Male Counselor Educator

David Huffman

Male counselor educators encounter unique ethical challenges and legal risks in their relationships with students, striving to foster supportive relationships, while maintaining professional boundaries. The presenter will review research findings regarding the attitudes and relationship practices of male counselor educators. Best practices for faculty student interactions will be discussed.

# ★ Saturday • 10:00AM • Sayannah Ballroom B: Roundtable 10

#### Walk the Walk: Counselor Educators and Self Care

Geneva Gray Shane Blasko

The goal of this presentation is to enhance counselor educators' approach to instruction of self-care. This presentation addresses how counselor educators model and fail to model self-care. Participants are encouraged to share their experiences and generate ideas. Participants will obtain a review of recent literature about counselor self care.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 11

## Empowering the Resilient Counselor: Training the Terrified

Jesse Fox Patrick R. Mullen

The stress and emotional intensity of counseling can take its toll on any counselor. Never mind counselors in training who are seeing their first clients. Promoting resiliency in counseling students encourages their ability to recover from their first challenging counseling endeavors. This session focuses on promoting resiliency in beginning counselors.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 12

## Preparing Counselors to Promote Resilience: A Course on Integrating Spirituality into Counseling

Radha Horton-Parker Melody Moreno

This program will describe a course that the presenters have co-taught on Integrating Spirituality into Counseling. The course's topics, assignments, and experiential activities will be discussed. In addition the presenters will comment on challenges they have faced and offer tips for success in teaching the course.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 13

## Developing Counselor Educators: A Model for Cultivating Future Academics

Hope Bell

The ideal counselor educator will be knowledgeable and experienced in the areas of teaching, research, and service. This presentation will offer one model of a doctoral program in counselor education focused on developing the skills needed to be successful in all areas of academia through scaffolding immersive, experiential activities.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 14

## Supervising Counselors Working with Caregivers of Persons with Dementia

Phillip Clarke

Significant others providing care for persons with dementia face high levels of daily stress. As counselors increasingly work with caregivers, effective supervision will be critical in ensuring quality counseling services for these clients. The presenter will describe strategies for supervising counselors working with caregivers of persons with dementia.

# ★ Saturday • 10:00AM • Savannah Ballroom B: Roundtable 15

## Professional Counseling, Please Shake Hands with Positive Psychology

Arie T. Greenleaf

In recent years the positive psychology movement has done a great deal to empirically identify the intrapersonal, social, and contextual factors that support human flourishing. In this content presentation, we will discuss Aristotle's philosophy on happiness, and how counselor educators can integrate positive psychology theory and research into counselor training.

## Saturday September 29 • Content Sessions

## ★ Saturday • 11:00AM • Academy

## Innovations and Challenges of Supervision for University Counseling Centers, Supervisors, and Supervisees

Pat Walker Danette Heckathorn

University counseling centers provide quality placements for counseling interns and much needed services on a college campus. This presentation introduces three different types of placement opportunities that one university is offering to counseling interns and explains how the placements are designed to take action and restore resilience among college students.

## Saturday ● 11:00AM ● Mercer

## Living and Learning in Tornado Alley: Disaster Mental Health and Service Learning

Stephanie G. Puleo

The natural disasters of 2011-2012 provided unique opportunities for in situ education in disaster mental health. This presentation will show how counselor educators and counselor trainees in one affected area were able to take their classroom to the field to unite with, support, and assist their own communities.

## Saturday ● 11:00AM ● Plaza

## Professional Identity Portfolio: Program-level Intentional Focus on Counselor Professional Identity

Angela S. Shores

Come discuss the results of a recent study regarding the perceptions of graduate counseling students regarding professional identity of counselors. Audience members will have an opportunity to reflect on their own professional identity and development. Implications of the study will be discussed.

## Saturday ● 11:00AM ● Chatham

## Cybersupervision: Facilitating Supervision in an Online Age

Ashley Norwood-Strickland Katherine Dooley, Anna Selby

From VHS to Skype, and everything in between, this session will provide participants the background and history of new and emerging methods of using online techniques that are influencing the field of counseling supervision. Ethical issues and specific online techniques will be presented-concluding with a live demonstration for participants.

### ★ Saturday • 11:00AM • Reynolds

## Transformative Pedagogy for Training Transformed School Counselors

Chole Lancaster Emily Meadows, Michelle Brasfield

School counselors often struggle to use data to drive program delivery. Presenters describe several active learning methodologies including, project, problem, and service based learning, which require school counselors in training to meaningfully engage in the process of using school and student achievement data to develop strategic school counseling programs.

## ## Saturday ● 11:00AM ● Polaski

## Innovations in Graduate Training: The Development of Social Justice Worldviews

Rita Chi-Ying Chung Fred Bemak, Diana Ortiz, Amy Gleason Carroll

Participants will gain a hands-on experience on how to implement a unique creative experiential technique (ethnographic fiction) that provides counselor trainees with an opportunity to "walk in the client's shoes." This technique has been described by students as a powerful and life-altering experience, accompanied by the development of social justice counseling and advocacy skills.

## ## Saturday ● 11:00AM ● Telfair

## Positive Youth Development: Sense of Purpose and Educational Resilience

Gitima Sharma ZiYoung Kang, Marte Ostvil-de Wilde

The presentation focuses on two main constructs, sense of purpose and academic resilience, in relation to positive youth development. The presenters will conduct an interactive session focusing on the role of counselors and counselor educators in empowering youth by striving at both- individual and systemic level.

## 

## New Faculty Interest Network (NFIN)

## Transitioning to a Counselor Educator Job: Things to Know

Kylie P. Dotson-Blake Lorraine M. Dinkel

This discussion group is designed to provide all doctoral students and candidates assistance in understanding aspects of applying for counselor education positions, putting together job applications, and considering potential interview questions.

Although there are no absolute correct answers to questions about this transition, hearing the insights of

peers and new/junior faculty might assist you in the process. Come with questions and be ready to share your own insights.

Other NFIN members are encouraged to attend to help our doctoral colleagues make the transition as smooth as possible. Topics to be discussed will include: types of interviews, applications/referral letters, interview visits, the "right fit," the process of waiting.

## Saturday ● 11:00AM ● Johnson

## Helping School Counselors Conceptualize Difficult Clients: An Approach for School Counseling Supervisors

Robert Rice Chinwe Williams

Case conceptualization is a valuable tool for developing effective and appropriate interventions for complex cases. Teaching this concept in a group supervision setting can be useful for supervisors and supervisees. This session provides school counselors, supervisors, and counselor educators a format for assisting supervisees in conceptualizing difficult and complex clients.

## Saturday ● 11:00AM ● Forsythe

## Training Counselors to Collaborate and Partner with Stakeholders: An Integrated Training Model

Julia Bryan Lynette Henry, Jungnam Kim

Partnerships are integral components in counseling for fostering resilience in youth, families, schools, and communities. Presenters share a process model to integrate training on partnerships into counseling curriculum including competencies, assignments, and learning outcomes. In this interactive session, presenters facilitate the exchange of ideas among counselor educators from all specialties.

#### **¥ Saturday • 11:00AM • General McIntosh**

## LGBTQ Ally Development of Counseling Students

Amber Pope Keith Mobley

Based on their experience in conducting college campus Safe Zone trainings, the presenters will provide participants with ideas for classroom activities to encourage counseling students' development as multicultural competent counselors for LGBTQ clients. The presented activities also encourage student growth towards being social justice advocates for LGBTQ individuals.

## Saturday September 29• Roundtable Sessions

## 

## It's Not Black and White: Maximizing Mentoring Opportunities throughout the Doctoral Journey

Tonya Jasinski Markesha Miller Hall

Research has indicated that mentoring and forming relationships throughout the doctoral journey can help to make the experience more meaningful and serve as an avenue of support. Hear from two doctoral graduates as they share their mentoring experiences and story of how embracing cultural differences can flourish into lasting relationships.

# ## Saturday ● 11:00AM ● Sayannah Ballroom B: Roundtable 2

## No More Comps: An Argument for Portfolio Evaluation in Doctoral Counseling Programs

Patrick Jeffs Dia Harden

Comprehensive exams are currently the most widely used evaluation system in doctoral programs; however counselor educators have a duty to explore more effective methods of evaluations which better prepare students to fulfill future roles. Developing comprehensive portfolios engages students to take responsibility of their development that fully integrates curriculum competencies.

# ★ Saturday • 11:00AM • Savannah Ballroom B: Roundtable 3

## The C.A.R.E. Model: The Bridge Between School and Addiction Professionals

Kristina Acosta Shenika Jones The purpose of this presentation is to address the lack of universality among school counselor for assess risky behaviors portrayed by school-aged youth. Since school counselors are among the first responders, the C.A.R.E. Model will provide counselors with an effective method for assessing high-risk behaviors.

# ★ Saturday • 11:00AM • Savannah Ballroom B: Roundtable 4

### Benefits of the Cohort Model: Reflections from a Cohort Panel

Nicole Adamson

Emily C. Campbell, Jamie E. Crockett, Mark P. Eades, Bethany Garr, Allison C. Marsh, Kelli E. Scanlon

A panel of second-year doctoral students from UNCG will share the benefits of the cohort model, which include creating cohesion among first-year students and encouraging collaborative learning through sharing of individual areas of expertise. Interactive discussion will be encouraged, questions will be answered candidly, and a handout provided.

# ★ Saturday • 11:00AM • Savannah Ballroom B: Roundtable 5

## Vicarious Traumatization of Muslim Americans: Implications for Counselor Educators

Anjabeen Ashraf Sylvia Nassar-McMillan

Many Muslim Americans, while shielded from direct discrimination, may be susceptible to vicarious traumatization as they remain aware of discrimination towards other Muslims. As the diversity of the counseling profession increases, counselor educators must develop their awareness of vicarious traumatization as it may affect students in their programs.

# ★ Saturday • 11:00AM • Sayannah Ballroom B: Roundtable 6

## What Does A Middle-Aged White Woman Know About A Multicultural World?

Ann M. Ordway Kathleen C. Bethel

This 50-minute presentation will focus on the important recognition of invisible cultural identities in

multicultural discussion and the reminder not to judge the proverbial book by its cover.

# ### Saturday ● 11:00AM ● Savannah Ballroom B: Roundtable 7

## Creating Social Change Agents Using Unique Clinical Placements

Regina Moro Jennifer Rogers, Laura Veach

This program describes a unique clinical placement opportunity for counseling trainees at a Level 1 Trauma Center. Working along side the Trauma Team, trainees provide alcohol screening and brief interventions. The trainees also receive unique opportunities to utilize advocacy competencies, as outlined by Ratts, Toporek, and Lewis (2010).

# ## Saturday ● 11:00AM ● Sayannah Ballroom B: Roundtable 8

## Campus Relationships: The Stages of Dating for Undergraduates in 2012

Renee Sherrell

Counselors need to appreciate the impact that social media and technology have on dating for today's college students. Upon completion, attendees will have a better grasp of the latest undergraduate rules and stages of dating, as well as a more comprehensive understanding of the communication styles used among student couples.

# ## Saturday ● 11:00AM ● Savannah Ballroom B: Roundtable 9

## Self-evaluating the Program Counselor Education in Honduras: A Cultural Immersion Experience

Synthia D. Santos Sylvia Nassar-McMillan

The session will focus on the outcomes of the program Counselor Education in Honduras: A Cultural Immersion Experience. This program was offered as an elective course at North Carolina State University. The purpose of the presentation is to share the insights of the evaluation components and process of the program.

## 

## Savannah Ballroom B: Roundtable 10

Counselor Education Students' Ethnic Identity and Social-Cognitive Development: A Multicultural Selfawareness Group Experience

Jennifer M. Johnson

Findings from a funded dissertation study will be provided which investigated multicultural self-awareness group experiences of first-semester counselor education graduate students and its effect on participants' ethnic identity development (Phinney & Ong, 2007), social-cognitive development (Hy & Loevinger, 1996), and identification of group therapeutic factors (Joyce, MacNair-Semands, Tasca, & Ogrodniczuk, 2011).

## Saturday ● 11:00AM ●

#### Savannah Ballroom B: Roundtable 11

## A Phenomenological Investigation of Women's Learning Experiences in Counselor Education

Lindsay P. Meyers

Connect with colleagues in an engaging discussion on women's learning experiences in counselor education and explore how pedagogy supports or inhibits women's development as counselor educators. The presenter will share research that will break through the silence surrounding women doctoral students' learning experiences to inform discussion on gender inclusive instruction.

# ★ Saturday • 11:00AM • Savannah Ballroom B: Roundtable 12

## If I Only Knew: The Perspective of Three First-Year Doctoral Students

Nancy Nishimura Tiffany Caver, Stephanie Gotay, Claire Williams

Three first-year counselor education doctoral students share their perspectives on the daunting task of moving from the student role to being an instructor in a graduate counseling program. They will also offer feedback regarding how their faculty mentors might have better prepared them for what was ahead.

# ★ Saturday • 11:00AM • Savannah Ballroom B: Roundtable 13

### Fostering the Resilience of Master Level Counseling Students

Raul Machua

Based on empirical research, this presentation examines the resilience characteristics of master's level counseling students. The main focus of the presentation is on discussing the specific ways in which counselor educators and supervisors can foster the resilience of counseling trainees as well as counseling practitioners.

# ★ Saturday • 11:00AM • Savannah Ballroom B: Roundtable 14

# Teaching Spirituality: Experiential Activities for integrating spiritual competency in Counselor Education

Daniel Gutierrez Patrick R. Mullen, W. Bryce Hagedorn

Integrating spirituality into counseling is often regarded as an important skill for counselors. The goal of this presentation is to offer helpful strategies to integrate spirituality into the Counselor Education curriculum. Presenters will demonstrate experiential activities developed to help counselors-in-training better understand and apply the spiritual competencies developed by ASERVIC.

# ## Saturday • 11:00AM • Savannah Ballroom B: Roundtable 15

## Doctoral Degrees in Counselor Education: The Practice or Research Doctorate?

Dodie Limberg

E. H. Mike Robinson, Glenn W. Lambie, B. Grant Hayes

Many counselor educators transitioning into higher education don't possess the research competencies to support their success. Therefore, this program: (a) introduces the Carnegie Initiative on the Doctorate (CID) and the differentiation of doctoral degrees, (b) reviews research on doctoral students' research competencies, and (c) offers implications to support students' success.

# Saturday ◆ 12:00PM-2:00PM ◆ Savannah Ballroom C

#### IRCEP International Student Luncheon

(Attendees must be pre-registered to attend this event)

The International Registry of Counsellor Education Programs (IRCEP) will be hosting a luncheon for all international graduate students in the SACES region. International guest speakers from the IRCEP steering committee will be discussing personal experiences of returning home after earning a counselor education doctoral degree in the US. Students will have the opportunity to network with other international students and also have the chance to become professionally involved with research or other collaborative projects pertinent to IRCEP.

## Saturday ◆ 12:00PM ◆ Academy

#### Clinic Directors Exchange

Larry Tyson Sean Hall

A number of graduate programs across the southern region operate counselor training laboratories. These community clinics often serve as practicum/internship sites and provide outreach for residents in the surrounding community. Community clinics also offer counselor training programs with unique opportunities for research and learning. Still, there is considerable variation in how these clinics are operated, maintained, and evaluated. Additionally, the leadership personnel who oversee daily operations have few opportunities to collaborate and discuss new strategies for problem solving, development, and best practices. The SACES leadership has agreed to provide time for those interested in discussing these topic areas. The primary discussion will target the following opportunities for collaboration among clinic directors: 1.) Establishing a community of clinic leaders; 2.) Ideas for research networks; 3.) Standards of Practice; 4.) Strategies for acquiring funding; 5.) Technology; 6.) Aid for programs interesting in starting a community clinic.

## Saturday September 29 • Content Sessions

## Saturday ● 2:00PM ● Academy

## Sex is Not a Four-Letter Word: Enhancing Sexuality Training in Counselor Education

Wenndy Dupkoski Vicki Kelchner

Techniques for incorporating and enhancing sexuality counseling training in Counselor Education programs based on the eight CACREP core competencies will be presented, focusing on application in clinical and school counseling settings.

## Saturday ◆ 2:00PM ◆ Mercer

## Relational Cultural Theory with Male Survivors of Sexual Trauma: A Social Justice Approach

Gerry Crete Anneliese A. Singh

The complex and understudied issue of sexual trauma experienced by boys and men has received an increase in media attention in recent years. The presenters will discuss using Relational-Cultural Theory (RCT) when counseling male survivors of sexual trauma.

## Saturday ● 2:00PM ● Plaza

## Pathways for Engagement: Experiential Activities to Energize Counselors in Training

Christopher Christmas Patrick R. Mullen

Are you looking for ways to help your classroom content "stick" with your students? This session explores experiential learning and its application in counselor education programs. Not only will you walk away with experiential resources, you will also have the opportunity to try out some activities for yourself.

## ★ Saturday • 2:00PM • Chatham

## Critical Incidents in Counselor Education: How Do You Define an Impaired Student?

Diane Clark Linda Foster

This program will explore criteria that may constitute student impairment. Participants will discuss ways to deal with impaired students in an ethical and legal manner. A decision making model will be presented for consideration.

## Saturday ◆ 2:00PM ◆ Polaski

## **ACES Presidential session**

Mentoring in Counselor Education: Providing Stewardship for Future Leaders

Nicole Hill Pam Wells, Jennifer Cook

## Saturday ● 2:00PM ● Telfair

#### Women Counselor Educators' Work-Life Balance

Mary Hermann Donna Dockery

SACES Women's Interest Network

Members of the SACES Women's Interest Network will facilitate a discussion on their study of women counselor educators' work-life balance. Information from the literature review and the proposed methodology will be provided. Participants' suggestions related to the study will be encouraged.

#### ★ Saturday • 2:00PM • Oglethorpe AB

## Counselors and Abuse Cases: Ethical and Legal Implications for Educators and Supervisors

Ruth Moore Laura Simpson

Counselor educators and supervisors face many ethical and legal challenges when working with clinicians testifying in abuse cases. Session participants will be challenged with real life court case examples including attention to the differing roles of supervisors, vicarious liability, and steps for supervisors to take to protect their own credentials.

### Saturday ● 2:00PM ● Johnson

#### Counseling Activities for Underachieving Students

Carolyn Berger

Learn about a research-based counseling intervention that was designed to take underachieving students' academic and emotional needs into account. This unit can be modified for use as an individual counseling intervention. Data from the implementation of this counseling intervention from the past school year will be presented.

## Saturday ◆ 2:00PM ◆ Forsythe

## Observations of the Impact of the Expression of Ethnocultural Empathy on an International Immersion Group

Jennifer Jordan Wanda Briggs

Presenters will share their experiences as group facilitators and advisors for a group of 24 International Teaching Excellence and Achievement (TEA)

Program Fellows from around the world. Emphasis of the discussion will focus on the impact of Ethnocultural Empathy as it applied to personal, professional, and group expectations during their experience.

## Saturday ◆ 2:00PM ◆ General McIntosh

## Child Sexual Abuse Awareness and Prevention: Implications for Counselor Educators

Claire Williams Ronnie Priest

This program evaluates perspectives from a national sample of child sexual abuse prevention experts. The implications of the findings for counselor educators and their supervisees will be explored.

## Saturday September 29 Poster Sessions

### ★ Saturday • 2:00PM • Foyer

## The Impact of Cultural Immersion for Counselor Trainees' Development: A Comparative Study

Sejal M. Barden Keith Mobley, Laura Shannonhouse

Global competence in counseling has necessitated increased immersion experiences during training; however systematic research on student factors or reflective processes most critical to immersion has not been conducted. To this end, this presentation will focus on findings from an immersion experience examining personality traits, multicultural self-efficacy and competence, intercultural development

## ★ Saturday • 2:00PM • Foyer

## Crisis Management and Emergency Response: Preparing Counseling Students to Respond

Allison Marsh Amber L. Pope

In this program, the presenters will offer an overview of current literature in the areas of crisis management and emergency response. They will also provide guidelines for counselor educators and supervisors on preparing students and supervisees to intervene in times of crisis.

## Saturday ● 2:00PM ● Foyer

## Teaching Psychopathology with a Global Perspectives Framework

Derek Robertson Charles F. Gressard

Only five adult conditions categorized in the DSM IV can be found cross-culturally. A global perspective in psychopathology class will provide counseling students with an understanding of the DSM as a culture bound tool; an understanding that is crucial for ethical use of the manual.

## ★ Saturday • 2:00PM • Foyer

### Wabi Sabi Feedback in Counseling and Supervision

Suzan Thompson Joy Maweu

The three principles of Wabi Sabi (nothing lasts, nothing is finished and nothing is perfect) honor perfection within imperfection. This session will demonstrate two feedback processes that honor the "perfect try" in counseling and supervision. These models may ease the discomfort counselors experience when noticing discrepancies or processing behavior changes.\

## Saturday ◆ 2:00PM ◆ Foyer

## Pre-practicum Partnership in Professional School Counseling

Shannon Trice-Black

A highly structured and supervised pre-practicum experience can provide beginning school counseling students with initial experiences with school counseling. This presentation will outline a model for a strategic partnership between a university and a K-12 school, where first year school counseling students implement a mentoring and leadership program.

## Saturday ◆ 2:00PM ◆ Foyer

## To Be or Not To Be...Ethical? Boundary Issues in Counselor Education

Kristen Dickens Elise Johns, Bonnie King, Candace Park

Boundary issues have been a consistent focus area in counselor education research, with recent research identifying various forms of power differentials between faculty and graduate students. This session will explore the complex boundary issues and multiple roles experienced by faculty and students in counselor education programs.

## ★ Saturday • 2:00PM • Foyer

## The Relationship Between Students' Ego Development and Phenomenological Experiences in Live-Supervision

Jessica Lloyd-Hazlett Karena Heyward

Live-supervision is a cornerstone of many counselor education programs. However, it can elicit a high level of anxiety. Ego development may inform students' subjective experiences. This presentation will summarize a study utilizing the Washington University Sentence Completion Test and individual interviews. Emphasis will be given to implications for supervisory practice.

#### **¥** Saturday • 2:00PM • Fover

#### Preparing Students for the World of Work

Melinda M. Gibbons Tracy Lara, Kathy Evans, Christopher Wheelus

The recent economic recession affected all careers, including those in counseling. Therefore, counselor educators must learn ways to best prepare students for this more competitive workplace. This presentation describes proactive career-related activities that can be integrated into counseling programs to help position graduates for available counseling jobs.

## ★ Saturday • 2:00PM • Foyer

## The Doctoral Portfolio: Consideration of Development, Assessment and Technology Methods

Jamie Carney Morgan Wilkinson, Jessica Tyler, Sherrionda Heard

This presentation will focus on a Counselor Education doctoral portfolio model that incorporates the CACREP 2009 doctoral standards. Discussion will include consideration of methods for developing portfolios, including consideration of electronic portfolio systems. Evaluation of the portfolio and evaluation reporting will also be examined. Finally, the presentation will include consideration of students' perspectives and experiences with the doctoral portfolio. The session will include examples of portfolio materials, portfolio resources, as well as evaluation and electronic portfolio models.

## Saturday September 29 • Content Sessions

## Saturday ● 3:00PM ● Academy

## Systematic Recall Supervision. A New Twist on Kagen's Model of Supervision

Michael Altekruse Ken Engebretson

This presentation gives a brief review of Kagan's model of supervision and introduces a new step in Kagan's Supervision process. The presenters will use video presentations, lecture and discussions to give participants a new perspective on this well-established supervision technique.

## ¥ Saturday • 3:00PM • Mercer

### The Counseling Supervision Needs of International Students: A Culturally-Sensitive Supervision Model

Andrea Dixon Laura M. Reid

Counseling programs currently include greater numbers of international students training to become counselors in the U.S. or in their home countries. The presenters will provide an overview of unique supervision needs of international counseling students in the U.S. and overview their culturally-sensitive supervision model for supervisors working with international students.

## Saturday • 3:00PM • Plaza

## Providing Real World Counseling Practice for Beginning Graduate Students

Linda M. Greene Sharon Webb

This session explores collaboration between an undergraduate Introduction to Counseling course and a graduate Counseling Skills course. Instructors designed a program whereby undergraduate students served as clients for graduate students. Session participants will receive descriptions of activities and assignments used, learning outcomes, and lessons learned by the instructors during implementation.

## 

## Supervision and Remediation: The Uncomfortable Road to Non-Academic Dismissal

Catherine Roland Larry Burlew

Through remediation, faculty, entrusted with training counselors, address impairment or ethical issues. Competence, best practices, and professional identity are crucial to counseling. This presentation focuses on the impact a program dismissal decision may have on faculty and students, personally and professionally. Internal struggles, guilt, and support will be discussed. Join us!

### Saturday ● 3:00PM ● Reynolds

## Ph.D. Viva (Oral) Examinations and 21st Century Counselor Education: Are They Compatible?

Charles Rip McAdams Derek L. Robertson, Victoria A. Foster

Viva voce (oral) examinations are used in a majority of counselor education programs in the U.S.; however, their subjective nature contrasts with current professional trends toward objective outcome assessment. The evolving history of Ph.D. vivas and a structured model for bringing them in line with current trends will be presented.

## ¥ Saturday • 3:00PM • Polaski

### Quantitative Data Clean Up: Tips for Success

Michelle Perepiczka Brande Flamez

The presenters review quantitative data clean up procedures and demonstrate how to address common data issues (e.g., errors in raw data, missing data, recoding variables) with examples of actual data sets in Excel and SPSS. Attendees will be guided through a data clean-up process step-by-step.

## ¥ Saturday • 3:00PM • Telfair

### Students in Crisis: Managing the Dual Role of Counselor Educator and Counselor

Chinwe Williams Chandra F. Johnson, Amy L. McLeod

Counselor educator's balance supporting student personal/professional development with safeguarding the public from graduates who are unsuitable to practice. This presentation provides a framework for managing students who are in crisis or reveal sensitive personal information. Utilizing case examples, presenters will provide guidelines for ethical and appropriate management of such cases.

## ★ Saturday • 3:00PM • Oglethorpe AB

## Sandtray Work in Counselor Education from Play Therapy to Supervision

Leslie Riley Kelli B. Ritter

Counselor educators often utilize a range of tools to foster skills as well as self-awareness in students. The presenters will outline the literature and discuss how sandtray interventions may be infused in counselor education courses such as play therapy, counseling skills, couples & family counseling and during counselor supervision.

## Saturday ● 3:00PM ● Johnson

#### Ethics, Theology, and Service to LGBTQ Clients

Melissa Lemons Joanne Miller Seven theological viewpoints towards same-gender relationships are examined in conjunction with statements on sexuality from major U.S. religious denominations. Clinicians can identify perspectives that are faithful to their beliefs and professional ethics while offering the highest level of care to clients who differ from their cultural, religious, or sexual orientations.

## Saturday ● 3:00PM ● Forsythe

## Fragile Couples, Fragile Families: Targeting and Serving Economically Disadvantaged Clients

Ryan G. Carlson Mark E. Young, Andrew P. Daire

This presentation identifies characteristics of fragile families, and proposes expanding the phrase to include intact, economically disadvantaged couples. Moreover, we will present research and theory linking economic disadvantage to poor relationship quality, and poor outcomes for children. Attendees will learn strategies for engaging low-income couples, as well as efficacious interventions.

## # Saturday ● 3:00PM ● General McIntosh

## The Role of the School Counselor in a World Where Class Matters

Mashone Parker

Students from families with higher incomes have greater resources granting them privilege over their poor counterparts. This privilege has sustained an educational gap over past decades. The current program focuses on social class issues in an educational context exploring the role school counselor's play in a culture where class matters.

## Saturday September 29• Roundtable Sessions

## ## Saturday ● 3:00PM ●

Savannah Ballroom B: Roundtable 1

Taking Action through Service Learning: E.M.B.R.A.C.Eing an Integration Model of Multicultural Development

Lucy Lewis Janee' Avent, Myra Martin-Adkins Panelists will introduce the EMBRACE model, a proposed intervention to increase multicultural competence and efficacy in doctoral counseling students through service learning. Opportunities exist for attendees to discuss ways to adapt the model to fit the culture of their university programs and to share ways they have incorporated multicultural training.

## 

# Using the Broaching Attitudes and Behavior Survey (BABS) as a Tool to Facilitate Multicultural Counseling Competence in Counselor Trainees

Norma L. Day-Vines

Broaching refers to the counselor trainee's effort to explore the racial, ethnic, and cultural factors that may influence the client's presenting concerns. This multimedia presentation introduces the Broaching Attitudes and Behavior Scale (BABS), an instrument designed to help identify counselor trainees' broaching effectiveness. Implications for training will be discussed.

# ★ Saturday • 3:00PM • Savannah Ballroom B: Roundtable 3

## The Relationship Between Spirituality and Trauma in Women Who Abuse Substances

Shari Sias Karen Weiss-Ogden

This presentation will discuss Fowler's stages of spiritual development; provide practical ideas for including spirituality in counseling and supervision; present survey results concerning spirituality, trauma, and women who abuse substances; and discuss implications of the findings for counselors, supervisors, and counselor educators.

# ★ Saturday • 3:00PM • Savannah Ballroom B: Roundtable 4

## Fostering Resilience in Adolescents: Innovative Counseling Strategies to Facilitate Change

Gail Roaten

Today's unique adolescents call for innovative counseling strategies that build resilience and focus on teens' strengths. An overview of adolescent

development and social/cultural influences will be followed by an explanation and demonstration of innovative counseling strategies to use with this unique population.

## # Saturday ● 3:00PM ●

## Savannah Ballroom B: Roundtable 5

## Addressing Self-care in Supervision: Effects on Students' Levels of Wellness and Burnout

Jonathan Ohrt

In this program, we will present the results of a quasiexperimental study evaluating the effects of a self-care intervention on practicum and internship students' levels of burnout and wellness. Participants will learn about: (a) the content the intervention, (b) its' effectiveness, and (c) implications for counselor education and supervision.

# ### Saturday ● 3:00PM ● Sayannah Ballroom B: Roundtable 6

## Women in Academia: Juggling Professional Success and Personal Wellness

Jill D. Duba Corrine Sackett

Women in academia continue to face challenges associated with gender-role socialization, glass ceiling, personal and professional balance, and maintaining confidence and value. Presenters will initiate a discussion about the impact of academia on women's health, relationships, and wellness; and challenges associated with working collaboratively in the competitive academic environment.

# ## Saturday • 3:00PM • Savannah Ballroom B: Roundtable 8

## Is Realistic Experiential Group Counselor Training in Large Graduate Classes Reasonable?

Richard Mathis Jennifer Jordan

A case will be made for realistic and effective group counselor training with acceptable risks in graduate classes ranging in size up to 24 students. Attendees will understand how to establish prudent class size limits for training group counselors and how to structure larger more efficient classes.

# ★ Saturday • 3:00PM • Sayannah Ballroom B: Roundtable 9

## The Joys and Challenges of Working with Practicum and Internship Counseling Students

Jacqueline Parsons Rebekah Pender

Counselor educators introduce students to the real world of counseling through practicum and internship classes. However, educators are not always prepared for the challenges presented by students when working with clients. This session shares past successes, challenges, and practical intervention strategies for working with practicum and internship students.

# ★ Saturday • 3:00PM • Savannah Ballroom B: Roundtable 10

## The Bullying Project: A Comprehensive Service Learning Collaboration Serving a Multiple Populations

Le'Ann Solmonson

This program details a collaborative project between a School Counselor Education program and a charter school in order to address a problem with bullying. The student-developed project was comprised of several elements including classroom guidance lessons, teacher education sessions, and parent education sessions.

# ★ Saturday • 3:00PM • Savannah Ballroom B: Roundtable 11

### A Preliminary Examination of Benefits of Requiring Personal Counseling in Counselor Preparation

Lawrence E. Tyson Danica G. Hays, Kathryn Henson

This presentation will provide preliminary examination of the student benefits of requiring personal counseling as part of a counselor education student's program of study. Presenters will examine current literature and preliminary findings from surveyed students at CACREP accredited programs, which had this requirement.

# ## Saturday ● 3:00PM ● Savannah Ballroom B: Roundtable 12

## Virtual Possibilities: Counseling Supervision in an Online Setting

Nisha Warbington

This presentation will outline strategies that can be useful when supervising internships with online students. The program will highlight various technologies, tools, and resources that can be utilized to strengthen the supervision process, as well as open the topic up to participants so everyone's ideas can be exchanged.

# ★ Saturday • 3:00PM • Savannah Ballroom B: Roundtable 13

## Integrating Developmental Supervision Theories and Attachment Theory Toward a Meaningful Supervisory Relationship

Ki Chae

Does the atmosphere of professionalism in counselor education or individualistic culture of U.S. thwart positive supervisory relationships? Does the supervisory experience provide a meaningful one that promotes counselor development? This presentation describes a framework for integrating developmental supervision models and attachment theory to promote a meaningful supervisory experience for supervisees.

## 

## Child-Centered Play Therapy for At-High-Risk Children: Outcomes, Challenges, Research and Grant Experiences

Jeff Cochran Nancy Cochran, Lindy Sherer

The REACH Project is a success story in turning around the lives of at-risk children. Discussion topics include: Issues in getting effective services to highneed children; issues in research from data collection and control group to case studies and the productivity needs of tenure-track faculty.

## 

## Multicultural Self-Efficacy and Competence: Innovative Ideas for Counseling Professionals

Iennifer Greene

The purpose of this presentation is to share findings from a research study on multicultural self-efficacy and competence of graduate counseling students and offer innovative ideas and experiential activities for counselors and counselor educators to consider how to focus on increasing multicultural self-efficacy for counselor trainees.

## Saturday September 29 • Content Sessions

### Saturday ◆ 4:00PM ◆ Academy

### Creating New Traditions for Non Traditional Students: Lessons from the Classroom

Linda Vanderbleek Sandy Pollock

Non-traditional students provide unique challenges and opportunities for counselor educators. By addressing non-traditional students' needs for a focus on andragogy, learning styles, life experiences, diversity, awareness of time management and life stressors, and technology training, counselor educators will increase the diversity and life experiences of counselors entering the profession.

## Saturday ◆ 4:00PM ◆ Mercer

## Creative Pedagogies: The Use of Service-Learning in Counselor Education

Kristi A. Lee John A. Dewell

Service-learning provides opportunities for counseling students to practice social justice and advocacy approaches. This presentation will present the results of a study assessing the use of service-learning in counselor education, discuss barriers and successes to incorporating it into the curriculum, and suggest future directions for service learning in counselor education.

## Saturday ◆ 4:00PM ◆ Chatham

## Critically Rethinking Cultural Competence: Adopting a Social Justice Framework for Multicultural Training

Dana Griffin Jessie Cain

Those charged educating with educating diverse students are not adequately prepared to do so. The presenters will demonstrate why a paradigm shift from traditional methods of teaching cultural competence to a focus on social justice is necessary in counselor education programs.

## 

## Dyadic Coping of Faculty Members and Their Trailing Partners

Kerrie Kardatzke

Presentation will include a description of the trailing spouse phenomenon, overview of dyadic coping theory, and discussion of a study examining dyadic coping of faculty members and their trailing partners. Clinical and personal implications will be discussed for counselor educators who find that this topic hits close to home.

#### Saturday ● 4:00PM ● Polaski

## Gate-keeping and the 2016 CACREP Standards: A Context for Taking Action

Cristen Wathen Jared Thiemann, Amanda Minor

In this session participants and leaders will discuss current and future gatekeeping issues. Gatekeeping procedures impacting the outlook of counseling as a profession and the role they play in broader social justice will be considered. Potential areas of development in the 2016 CACREP standards will be considered and co-constructed. Participants will take action through case studies, processing the relevant emotions, attitudes, and paradigms related to gatekeeping. The content of the session will be summarized and collective ideas will be submitted to the CACREP 2016 planning committee.

## Saturday ● 4:00PM ● Telfair

## Thinking Outside of the Box: A Multi-systemic Approach to Counselor Training and Supervision

Viki Kelchner Karen Cooper-Haber

This workshop will present a collaborative model of supervision of graduate level practicum and intern students from marriage and family, school, and clinical counseling programs where university professors and doctoral students work closely with school and district level supervisors to create a more effective training and supervision experience for students.

## Saturday ● 4:00PM ● Johnson

## Cross-Cultural Conversations, Microagressions - What Really Works?

Jayne E. Smith LaShauna Dean

This presentation is designed to explore the results of a qualitative study, utilizing the heuristic inquiry tradition, addressing cross-cultural dialogue. It features a review of implications for best practices when addressing microagressions and other race-related topics across cultures. Participants will discuss barriers and supports for broaching in cross-cultural relationships and dialogue.

## Saturday ◆ 4:00PM ◆ Forsythe

Scholar-Practitioner Collaborations: Striving Toward Evidence-based Practices

LoriAnn Stretch

This program will introduce a model of collaboration that will bring scholars and practitioners together in evidence-based practices. The proposed collaboration model validate evidence-based practices, effectively utilize existing technology, and respond to potential ethical concerns, such as practitioners' lack of access to an IRB.

## 

## The Utility of Parallel Process in Supervision

Amy Berwick Rebecca Scherer

Parallel process is a well-accepted yet ill-defined phenomenon that occurs during supervision. Yet supervisors are reticent in exploring the process. There remains the fear that supervision will become therapy. This seminar reviews definitions and provides recommendations on how to implement parallel process as an intervention in supervision.

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